



TORONTO  
DROP-IN  
NETWORK

# Toronto Drop-In Services Fall/Winter, 2017/2018

Updated January 16, 2018

The Toronto Drop-In Network (TDIN) is an active coalition of over 50 diverse drop-in centres in Toronto, which support people who are homeless, marginally housed or socially isolated (including men, women, youth, LGBTQ2S, seniors, and families). TDIN works in collaboration with its community partners to increase the capacity of Toronto's drop-in centres through engagement, training, coordination, and advocacy. More information, and this booklet, can be found at [www.tdin.ca](http://www.tdin.ca).

**TDIN member drop-ins in this booklet are organized by the area of the city in which they are located. This information is provided by Toronto Drop-In Network members, and is current as of November, 2017. As schedules may change, please call ahead if possible.**

## CRISIS AND EMERGENCY ASSISTANCE PHONE NUMBERS

**If there is an immediate threat to your health or safety, call 9-1-1**

<b>INFORMATION AND REFERRAL LINES:</b>			
2-1-1 – 24 hour referrals to community-based and government services and programs (including shelters, food banks and meals)			
3-1-1 – 24 hour information and referrals to City Services (including shelters)			
<b>EMERGENCY SHELTER:</b>			
1) Contact: 2-1-1, 3-1-1 or Central Intake 416-397-5637 or 1-877-338-3398			
2) Assessment & Referral Centre, 129 Peter Street (@ Richmond Street West), 416-392-0090 (Phone service -24/7) Walk-in Shelter Referral Service 8:00am – 7:30pm; (no families with children; families call Central Intake)			
<b>MENTAL HEALTH HELPLINE:</b> 1-866-531-2600 <b>DRUG AND ALCOHOL HELPLINE:</b> 1-800-565-8603			
<b>Anishnawbe 24/7 Mental Health Crisis</b> Traditional practices and approaches to health care	416-891-8606	<b>Kid’s Help Phone</b> Phone and online counselling service for youth	1-800-668-6868
<b>Assaulted Women’s Helpline</b> For all women who have experienced any form of abuse	416-863-0511 1-866-863-0511	<b>Senior Crisis Access Line</b> Mental health and addiction crisis, risk and safety assessments, referrals	416-619-5001
<b>Distress Centre</b> Emotional support, crisis & suicide prevention, referrals	416-408-4357	<b>Toronto Rape Crisis Centre</b> Support to survivors of sexual violence, education & activism	416-597-8808
<b>Gerstein Centre</b> Crisis intervention for adults with mental health challenges	416-929-5200	<b>FOODLINK HOTLINE</b>	416-392-6655

### How to Use This Booklet

1. Drop-ins are organized by the area of the city in which they are located.
2. Each drop-in is assigned a number. Numbers on maps in this booklet correspond with number assigned to the drop-in.
3. Drop-ins are listed in alphabetical order within each Area.
4. To print the listings for one specific area, set your printer to print the appropriate pages:

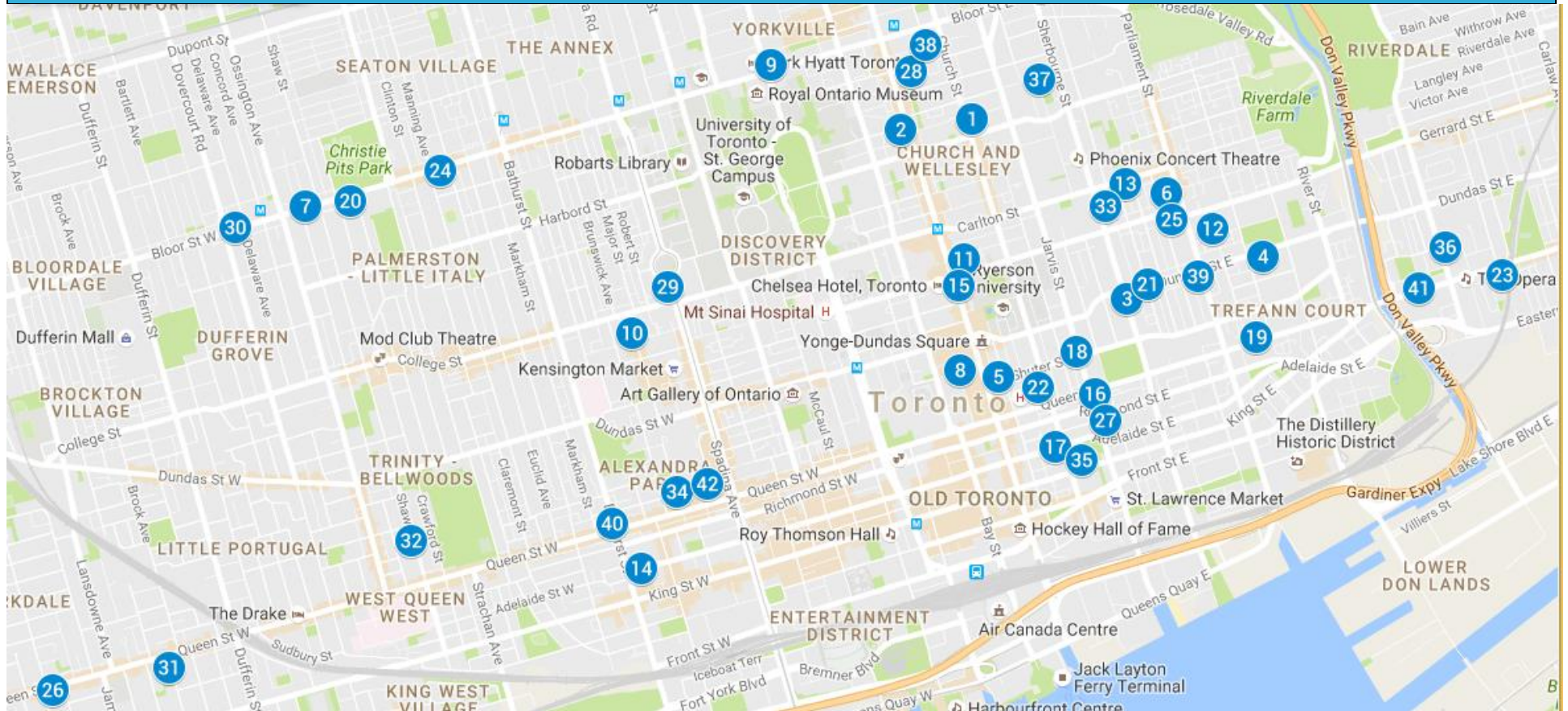
Area	Boundaries	Page
<b>Central Downtown</b>	South of Bloor to Lakeshore   Parkside to Carlaw	<b>3 - 16</b>
<b>Midtown West</b>	Bloor to Lawrence Ave.W   Highway 427 to Yonge	<b>17- 19</b>
<b>North West</b>	Lawrence Ave to Steeles   Highway 427 to Yonge	<b>20</b>
<b>South West</b>	South of Bloor to Lakeshore   Highway 427 to Parkside	<b>21</b>
<b>East</b>	Kingston Rd. to Steeles  Carlaw to Port Union	<b>22</b>

#### PLUS:

<b>OUT OF THE COLD SITE SCHEDULE</b> (emergency overnight service providing sleeping mats & food for people who are homeless)	<b>23</b>
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# CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES


Area boundary: South of Bloor to Lakeshore | Parkside to Carlaw



- |                               |                                |                                    |                                 |
|-------------------------------|--------------------------------|------------------------------------|---------------------------------|
| 1. The 519                    | 13. Egale Youth OUTreach       | 24. Native Child & Family Services | 33. SOY                         |
| 2. 6 St. Joseph House         | 14. Evangel Hall Mission       | 25. Neighbourhood Info. Post       | 34. St. Felix Centre            |
| 3. All Saints Church          | 15. Evergreen Centre for Youth | 26. PARC & Parkdale Meeting Place  | 35. St. James Cathedral         |
| 4. ArtHeart                   | 16. Fred Victor Open House     | 27. Salvation Army – Gateway       | 36. St. John the Compassionate  |
| 5. Black Cap                  | 17. Fred Victor Women's 24/7   | 28. Sanctuary                      | 37. Street Relief Downtown      |
| 6. Bridges                    | 18. Good Neighbours Club       | 29. Scott Mission                  | 38. Street Relief OTC           |
| 7. Christie Ossington CONC    | 19. Good Shepherd Ministries   | 30. Sistering 24/7 Drop-in         | 39. Toronto Council Fire        |
| 8. Church of the Holy Trinity | 20. Houselink                  | 31. Sistering (Parkdale)           | 40. WEST NH - The Meeting Place |
| 9. Church of the Redeemer     | 21. Margaret's Drop-in         | 32. SKETCH                         | 41. Woodgreen                   |
| 10. The Corner Drop-In        | 22. Met Community Services     |                                    | 42. YMCA Vanauley St.           |
| 11. Covenant House            | 23. Mustard Seed               |                                    |                                 |
| 12. CRC                       |                                |                                    |                                 |



## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

#	Drop-In Details	Services Offered	Meal Times
<b>1</b>	<p><b>The 519 Church Street Community Centre</b> 519 Church Street (416) 392-6874 <a href="http://www.the519.org">www.the519.org</a></p> <p style="text-align: center;"></p> <p><b>Serves:</b> LGBTQ Adults Only</p> <p><b>Hours:</b> Every Monday: Trans Adults: 6:00 pm-9:00 pm w/meal 1<sup>st</sup> Monday of the month: LGBTQ 50+ 6pm-8pm 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> Monday of the month: LGBTQ 50+ 1pm - 4pm Sun: Older LGBTQ only 10:30 am-1pm</p>	<ul style="list-style-type: none"> <li>• Health Bus on Sundays</li> <li>• Resources and referrals, including LGBTQ-specific</li> <li>• Counselling/Peer Support(by appointment)</li> <li>• Crisis Support Available</li> <li>• Phone Use</li> </ul>	<p><b>Mon:</b> Dinner: 6-9pm (Trans only)</p> <p><b>Sun:</b> Breakfast: 10:30-11:30am (older LGBTQ only) Lunch: 12:00pm (older LGBTQ only)</p>
<b>2</b>	<p><b>6 St Joseph House</b> 6 St. Joseph Street (416) 923-8836 <a href="http://www.seedsofhope.ca">www.seedsofhope.ca</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours: (UNCONFIRMED):</b> Mon-Fri: 11:00 am – 7:00 pm Sat-Sun: (Occasional programs)</p>	<ul style="list-style-type: none"> <li>• Internet/Computer access</li> <li>• Community Care Housing Help</li> <li>• Music, Art, Life Skills</li> </ul>	
<b>3</b>	<p><b>All Saints Church-Community Centre</b> 315 Dundas Street East (416) 368-7768 <a href="http://www.allsaintstoronto.com">www.allsaintstoronto.com</a></p> <p><b>Serves:</b> General population, women-only Fridays</p> <p><b>Hours:</b> Mon, Tues, Thurs: 8am-3:45pm Wed: 10:30am-3:45pm Fri: Women only drop-in: 8am-12pm</p>		<p><b>Mon-Fri:</b> Snacks available throughout the day.</p>




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<b>4</b>	<p><b>ArtHeart Community Art Centre</b> 585 Dundas St., E., St. 210 416-203-0034 <a href="http://www.arteart.ca">www.arteart.ca</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon: Senior Art Program 10:00 am – 1:00 pm Tue-Thu: Youth &amp; Children Only 3:30pm – 5:00 pm Wed: Adult Art Program 5:30pm – 8:30 pm Thu: Adult Art Program 12 noon – 3:00pm *New programs may be added: call for updates. Holidays: check website for hours</p>	<ul style="list-style-type: none"> <li>• Computer Internet Access</li> <li>• Visual Art program for children, youth and adults</li> </ul>	
<b>5</b>	<p><b>Black CAP Harm Reduction After Hours Drop-In</b> 200 Victoria Street, 4<sup>th</sup> Floor (416) 977 9955 ext 258</p>  <p><b>Serves:</b> African, Caribbean and Black Adults</p> <p><b>Hours:</b> 1<sup>st</sup> and 3<sup>rd</sup> Wednesday evenings 6pm - 8pm</p>	<ul style="list-style-type: none"> <li>• Harm reduction</li> <li>• Caribbean Cuisine Suppers</li> <li>• Snacks</li> <li>• Discussions affecting the community including racism, oppression, interactions with police</li> <li>• Movies and recreation</li> </ul> <p>Tokens provided to attend</p>	<b>1<sup>st</sup> and 3<sup>rd</sup> Wednesday evenings:</b> 6pm to 8pm
<b>6</b>	<p><b>Bridges Adult Drop In (formerly New Hope)</b> 270 Gerrard Street East (416) 929-9614 <a href="http://www.ysm.ca">http://www.ysm.ca</a></p>  <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Tuesday: 6pm-8pm (must arrive before 6:30pm) Thu: 6pm – 8 pm (must arrive before 6:30pm)</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Housing Help</li> <li>• Computer/Internet Access</li> <li>• Peer Support</li> </ul>	<p><b>Tues:</b> Dinner: 6pm-7:30pm (must arrive before 6:30pm)</p> <p><b>Thu:</b> Dinner: 6pm-7:30pm (must arrive before 6:30pm)</p>

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<b>7</b>	<p><b>Christie Ossington CONC</b> 854 Bloor St. W 416-534-8941 Ext. #111 <a href="http://www.conccommunity.org">www.conccommunity.org</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon-Sat: 10:00 am - 4:00pm Fri: 9am – 2:00pm Sun: Closed</p> 	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Clothing</li> <li>• Housing Referrals</li> <li>• Income Referrals</li> <li>• Referrals as needed</li> </ul>	<p><b>Mon-Sat:</b> Snack: 10:00am – 11:00am Lunch: 12:00 noon – 1:00pm</p> <p><b>Sun:</b> Closed</p> <p>Closed on Statutory Holidays</p> <p><i><b>Note:</b> CONC offices, Drop-In, Shelters, and community spaces are scent free</i></p>
<b>8</b>	<p><b>Church of the Holy Trinity</b> 19 Trinity Square (416) 598-4521 <a href="http://www.holytrinitytoronto.org">www.holytrinitytoronto.org</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon-Fri: 11:00 am – 3:00 pm Sun: 8:00 am – 3:00 pm</p> 	<ul style="list-style-type: none"> <li>• Phone available</li> <li>• Homeless Memorial Service every 2<sup>nd</sup> Tuesday of month at noon followed by community lunch at 12:45</li> </ul>	<p><b>Sun:</b> Light Breakfast: 8:00 am</p> <p><b>Every 2<sup>nd</sup> Tuesday of month:</b> Homeless Memorial at 12 noon followed by community lunch at 12:45pm</p>
<b>9</b>	<p><b>Church of the Redeemer - Drop-In Meal Program</b> 162 Bloor Street West (416) 922-4948 <a href="http://www.theredeemer.ca/Page/LunchProgram.html">www.theredeemer.ca/Page/LunchProgram.html</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon - Fri: 8:00 am - 11:45am</p> 	<ul style="list-style-type: none"> <li>• Job Help Referrals (informal)</li> <li>• Housing Referrals</li> <li>• Health Care</li> <li>• Pastoral Counselling</li> <li>• Social and Recreational Programs</li> <li>• Community Kitchen</li> <li>• Volunteer Opportunities</li> <li>• Clothing Bank</li> </ul>	<p><b>Mon-Fri:</b> Breakfast: 9:00 am – 10:00am Lunch: 10:30am-11:45am</p>





## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

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<b>10</b>	<p><b>The Corner Drop-In</b> 260 Augusta Avenue (416) 925-2103, ext. 2266 <a href="http://www.sschto.ca">www.sschto.ca</a></p>  <p><b>Serves:</b> Adults, Youth &amp; Children, Women Drop-In Times</p> <p><b>Hours:</b> Mon-Fri: 7:30am-11:30am (appointment after this time) Mon: Women's Drop-In: 1:00 pm - 3:00 pm Sun: 8:00 am - 11:30 am</p>	<ul style="list-style-type: none"> <li>• Referrals and Advocacy</li> <li>• Housing Workers (intakes Tue &amp; Thu.)</li> <li>• Employment Services</li> <li>• Mental Health Case Manager</li> <li>• Voluntary Trustee Program</li> <li>• Harm Reduction Case Manager</li> <li>• Safer Drug Use Supplies</li> <li>• Assessment Support for ODSP Applications</li> <li>• Laundry and Showers</li> <li>• Telephones and Computers</li> <li>• Peer Supports</li> <li>• HIV/Aids and Hep C supports</li> <li>• Groups and Outings</li> <li>• Nurse &amp; Doctor (Dr.: once a week, walk-in)</li> </ul>	<p><b>Mon-Fri &amp; Sun:</b> Soup: 8:30am Lunch: 10:30am &amp; 11am</p>
<b>11</b>	<p><b>Covenant House Community Support Services</b> 20 Gerrard Street East (416) 204-7037 <a href="http://www.covenanthouse.on.ca">www.covenanthouse.on.ca</a></p>  <p><b>Serves:</b> Youth (16-25 years)</p> <p><b>Hours:</b> Mon-Sun: 11:30am – 7:00pm</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Clothing Bank</li> <li>• Computer/Internet Access (close at 6:30pm)</li> <li>• Housing &amp; Income Referral</li> <li>• Referral</li> <li>• Showers (close at 6:30pm)</li> <li>• Food Bank (Fridays ONLY, 11:30am to 6:45pm)</li> <li>• Counselling and Health Care</li> <li>• Washer and drier (small loads only, first come, first served)</li> </ul>	<p><b>Mon-Sun (including Holidays):</b> Breakfast &amp; Lunch: 11:30am – 4:00pm Dinner: 4:00pm – 7:00pm</p>
<b>12</b>	<p><b>CRC</b> 40 Oak Street 416-363-4234 <a href="http://www.tcrc.ca">www.tcrc.ca</a></p> <p><b>Serves:</b> General Population</p> <p><b>Drop-in Hours</b> Mon-Fri: 9:00am – 2:30pm</p> <p><b>Office Hours:</b> Mon-Fri: 9:00am - 5:00pm</p>	<ul style="list-style-type: none"> <li>• Clothing Bank (by appointment)</li> <li>• Housing Help</li> <li>• Social Recreation / Community Garden</li> <li>• Laundry (by appointment)</li> <li>• Showers</li> <li>• Speaker Series</li> <li>• Peer advocacy</li> <li>• Information &amp; Referral</li> <li>• Recreational &amp; life skills programs</li> <li>• Community gardening</li> <li>• Food skills training</li> <li>• Community worship</li> </ul>	<p><b>Mon:</b> Breakfast: 9:00 am – 10:00 am Lunch: 12noon – 1:00 pm</p> <p><b>Tue:</b> Lunch: 12noon – 1:00 pm</p> <p><b>Thu:</b> Lunch: 12noon – 1:00 pm</p> <p><b>Fri:</b> Breakfast: 9:00 am – 10:00 am Lunch: 12noon – 1:00 pm</p> <p><b>Sat:</b> Dinner: 5:00pm-6:30 provided by <a href="#">Church of the City's</a></p> <p><b>Sun:</b> Lunch: 11:30am-1:00pm, provided by <a href="#">Muslim Welfare Centre's</a></p>

## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES



**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

<b>13</b>	<p><b>Egale Youth OUTreach Counselling and Drop-In</b> 290 Shuter Street, Level 1 416 964 7887 ext. 9 <a href="http://www.egale.ca/outreach">www.egale.ca/outreach</a></p> <p style="text-align: center;"></p> <p><b>Serves:</b> LGBT Youth</p> <p><b>Hours:</b> Mon-Thurs: 2:00pm - 8:00pm and Fri 2:00pm - 6:00pm</p>	<ul style="list-style-type: none"> <li>• Crisis counselling</li> <li>• Appointment counselling</li> <li>• Peer support</li> <li>• Employment &amp; Housing support</li> <li>• Computer Access and Free Wifi</li> <li>• Nutrition &amp; Food Access</li> <li>• Weekly Programs</li> <li>• Advocacy supports</li> </ul>	<p><b>Mon-Fri</b> Meal: 3-7pm</p>
<b>14</b>	<p><b>Evangel Hall Mission – Adult Drop-In Centre</b> 552 Adelaide Street West (416) 504-3563 x 240 <a href="http://www.evangelhall.ca">www.evangelhall.ca</a></p> <p style="text-align: center;"></p> <p><b>Serves:</b> Adults</p> <p><b>Hours:</b> Tue: Women's Group: 11:00 am - 12:30 pm Wed: Creativity Group: 12:30 pm - 2:00 pm Thu: Men's Group: 12:30 pm - 2:00 pm Sat &amp; Holidays: 9:00 am - 1:00 pm</p>	<ul style="list-style-type: none"> <li>• Clothing Bank</li> <li>• Housing Help</li> <li>• Health Care including dental hygienist</li> <li>• Trustee Program</li> <li>• Arts and Crafts Programs</li> <li>• Downtown Legal Services</li> <li>• Showers and Laundry</li> <li>• Counselling</li> <li>• Worship Services</li> <li>• NA (Monday to Friday, noon)</li> <li>• ID Clinic – Mondays</li> <li>• Nurse – Tuesday and Friday</li> </ul>	<p><b>Mon-Fri:</b> Breakfast: 9:00 am Snack: 9:30am Lunch: 10:30am <b>2nd &amp; 3rd Thu of Month:</b> Dinner: 5:30pm <b>Sat &amp; Holidays:</b> Breakfast: 9:00 am Soup: 10:00 am Lunch: 11:00am <b>Sun:</b> Dinner: 5:30pm</p>
<b>15</b>	<p><b>Evergreen Centre for Youth</b> Yonge Street Mission 381 Yonge Street (416) 929-9614 <a href="http://www.ysm.ca">www.ysm.ca</a></p> <p style="text-align: center;"></p> <p style="text-align: center;">&gt; only main floor is accessible</p> <p><b>Serves:</b> Street Involved Youth (16-24 years)</p> <p><b>Hours:</b> Mon-Fri: 12 noon – 6:00 pm After May 22, 2017: Mon-Fri: 12 noon – 5pm</p>	<ul style="list-style-type: none"> <li>• Employment Training</li> <li>• Clothing Bank</li> <li>• Computer/Internet Access</li> <li>• Housing Help, Income Referral</li> <li>• Health Care</li> <li>• Laundry and Showers</li> <li>• Counselling</li> <li>• Legal Support, ID Clinic</li> <li>• Parenting Classes, Nursery</li> <li>• Addiction Counselling</li> <li>• Anger Management</li> <li>• Art Class</li> </ul>	<p><b>Mon-Thurs:</b> Lunch: 12 noon-2:00 pm Dinner: 5:00pm – 6:00pm <b>Fri:</b> Lunch: 12 noon-2:00 pm</p>





## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

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<b>16</b>	<p><b>Fred Victor Open House Drop-In</b> 145 Queen Street East (416) 364-8228 x 3331 or (416) 644-3081 <a href="http://www.fredvictor.org">www.fredvictor.org</a></p> <p></p> <p><b>Serves:</b> Adults &amp; Youth (16 years and up)</p> <p><b>Hours:</b> Mon-Fri: 12 noon-4:00pm</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Clothing Bank</li> <li>• Housing Help</li> <li>• Income Referral</li> <li>• Counselling</li> <li>• Trusteeship Program</li> <li>• Harm Reduction</li> <li>• Mental Health &amp; Justice Case Management</li> <li>• Social Recreation Outings</li> <li>• Community Garden</li> <li>• ID Clinic, Legal Counselling</li> <li>• Information and Referral (<i>Mon-Wed, Fri: 10:00am-12:00noon</i>)</li> </ul>	<p><b>Mon-Fri:</b> Coffee &amp; Snack: 2:00pm - 4:00pm Brunch 10:00am – 11:30am, Dinner 4:00pm – 5:30pm (in Friends Restaurant)</p>
<b>17</b>	<p><b>Fred Victor Women's 24/7 Drop-in</b> 67 Adelaide St., E., 1<sup>st</sup> Floor (416) 392-9292 <a href="http://www.fredvictor.org/womens_diy_program">www.fredvictor.org/womens_diy_program</a></p> <p></p> <p><b>Serves:</b> Women Only (24 years and up)</p> <p><b>Hours:</b> Open every day, 24-hours a day</p>	<ul style="list-style-type: none"> <li>• Job Help (referral)</li> <li>• Clothing Bank</li> <li>• Housing Help (referral)</li> <li>• Health and Wellness Program</li> <li>• Income Referral</li> <li>• Laundry</li> <li>• Showers</li> <li>• Counselling</li> </ul>	<p><b>Mon-Sun:</b> Breakfast: 9:00 am Lunch: 12:00 pm Snack: 2:00pm Dinner: 6:00pm (soup is often available after 6pm)</p>
<b>18</b>	<p><b>The Good Neighbours' Club</b> 170 Jarvis Street (416) 366-5377 <a href="http://www.goodneighboursclub.org">www.goodneighboursclub.org</a></p> <p><b>Serves:</b> men 50 years old+ only</p> <p><b>Hours:</b> Every day (7 days per week): 8am-5pm</p>		<p><b>Every day:</b> Breakfast: 8-9:15 Lunch: 12pm-1:15pm Hot snack: 3pm</p>



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<b>19</b>	<p><b>Good Shepherd Centre Drop-in</b> 412 Queen Street East 416-869-3619 <a href="http://www.goodshepherd.ca">www.goodshepherd.ca</a></p> <p></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon-Sun and Holidays: 9:00 am – 11:00 am &amp; 2:00 – 4:00 pm</p>	<ul style="list-style-type: none"> <li>• Housing Help</li> <li>• Health Care</li> <li>• Showers (Men only)</li> <li>• Clothing Bank</li> <li>• Pastoral Care</li> <li>• DARE Program</li> </ul>	<p><b>Every Day:</b> Breakfast: 9:00 am – 11:00 am Lunch/Dinner: 2:00 – 4:00 pm</p> <p><b>Easter, Thanksgiving &amp; Boxing Day:</b> No breakfast. Lunch: 12pm-2:30pm (One meal that includes turkey or beef)</p>
<b>20</b>	<p><b>Houselink Drop-In Centre</b> 805 Bloor St W 416-539-0690 <a href="http://www.houselink.on.ca">www.houselink.on.ca</a></p> <p><b>Hours:</b> Mon - Thu: 10:00 am-4:00 pm Sat &amp; Sun: 12 noon – 8:00 pm Holidays: Open Christmas, Boxing Day, &amp; New Year's Day</p>	<ul style="list-style-type: none"> <li>• Clothing Bank</li> <li>• Computer Access</li> <li>• Housing Help</li> <li>• Income Referral</li> <li>• Recovery Worker</li> </ul>	<p><b>Mon:</b> Breakfast: 11:00am (cost \$0.50)</p> <p><b>Tue:</b> Dinner: 4:30 pm (cost \$1)</p> <p><b>Thu:</b> Lunch: 12:30 pm (cost \$1)</p> <p><b>Sat:</b> Brunch: 2-3pm (cost \$1)</p> <p><b>Sun:</b> Dinner: 5:00 pm (cost \$1)</p>
<b>21</b>	<p><b>Margaret's Toronto East Drop-in Centre</b> 323 Dundas Street East 647-367-2100 <a href="http://www.margarets.ca">www.margarets.ca</a></p> <p></p> <p><b>Serves:</b> General Population, Women, Seniors</p> <p><b>Hours:</b> Tue, Wed, Thu, Sat, Sun: 7:00 am – 12 noon</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Housing Help</li> <li>• Health Care</li> <li>• Income Referral</li> <li>• Counselling/ Mental Health &amp; Justice Worker</li> <li>• Crisis Intervention Workers</li> </ul>	<p><b>Tue:</b> Breakfast: 7:00 am-9:00am Soup: 9am-10am Lunch: 10:30</p> <p><b>Wed:</b> Breakfast: 7:00 am-9:00am Soup: 9am-10am Lunch: 10:00am</p> <p><b>Thurs:</b> Breakfast: 7:00 am-9:00am Soup: 9am-10am Lunch: 10:30</p> <p><b>Sat:</b> Breakfast: 7:00 am-9:00am Soup: 9am-10am Lunch: 10:00</p> <p><b>Sun:</b> Breakfast: 7:00 am-9:00am Soup: 9am-10am Lunch: 10:30</p>




## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

<b>22</b>	<p><b>Met Community Services Drop-in</b> Metropolitan United Church 56 Queen Street East (416) 363-0331 x 41 or x 43 <a href="http://www.metunited.org">www.metunited.org</a></p> <p></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Thursday: 11am – 2pm* *until the last week of March</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Clothing Bank</li> <li>• Computer/Internet Access</li> <li>• Housing Help</li> <li>• Health Care</li> <li>• Income Referral</li> <li>• Food Bank</li> <li>• Counselling</li> <li>• Art Programs</li> <li>• Meditation</li> </ul>	<p><b>Thursday:</b> Lunch: 11:00 am – 2:00pm</p>
<b>23</b>	<p><b>Mustard Seed</b> 791 Queen Street East 416-465-6069 <a href="http://www.fontbonneministries.ca/">http://www.fontbonneministries.ca/</a></p> <p></p> <p><b>Serves:</b> General Adult Population</p> <p><b>Hours</b> Fri: 12:30pm – 3:00 pm Sat: 9:30am – 3:00pm</p>		<p><b>Fri:</b> Snack: 12:30pm – 3:00 pm <b>Sat:</b> Lunch: 12 noon</p>
<b>24</b>	<p><b>Native Child &amp; Family Services</b> 655 Bloor St West 416-969-8510 <a href="http://www.nativechild.org">www.nativechild.org</a></p> <p><b>Serves:</b> Youth</p> <p><b>Hours:</b> Mon-Fri: 9:00am – 9:00pm Sat: 12 noon to 8:00pm</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Internet /Computers</li> <li>• Housing/Legal Help</li> <li>• GED</li> <li>• Traditional Counselling</li> <li>• Traditional Medicines</li> <li>• Health Care Supplies</li> <li>• Income Referral</li> </ul>	<p><b>Mon, Tue, Fri:</b> Snacks all day Breakfast: 9:15 am - 10:15 am Lunch: 12 noon-1:00pm Dinner: 5pm-6pm <b>Wed, Thu:</b> Snacks all day Breakfast: 9:15am-10:15am Lunch: 12 noon-1:00pm Dinner: 4:30 <b>Sat:</b> Snacks all day Breakfast, Lunch</p>



## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

<b>25</b>	<p><b>Neighbourhood Information Post</b> 269 Gerrard St., E., 2<sup>nd</sup> Fl. (416) 924-2543 <a href="http://www.nipost.org">www.nipost.org</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon, Tue, Thu, &amp; Fri: 9:30am-4:30pm Wed: 1pm-4:30pm</p>	<ul style="list-style-type: none"> <li>• Computer/Internet Access</li> <li>• Rent Bank/Housing Help</li> <li>• Income Referral</li> <li>• Public Phone</li> <li>• Energy Assistance</li> </ul>	No Meals Provided
<b>26</b>	<p><b>Parkdale Activity and Recreation Centre (PARC)</b> 1499 Queen Street West 416-537-2262 <a href="http://www.parc.on.ca">www.parc.on.ca</a></p>  <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon-Thu: 9:00 am – 1:00 pm Fri: 12:30pm - 4:30pm Sat, Sun, &amp; Holidays: 11:00 am-3:00 pm</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Clothing and Food Banks</li> <li>• Computer &amp; Internet</li> <li>• Health Care</li> <li>• Showers</li> <li>• Counselling</li> <li>• Housing Help</li> <li>• Income Referral</li> <li>• Financial Trustee Program</li> </ul>	<p><b>Mon-Thu:</b> Breakfast: 9:15am Lunch: 11:30am <b>Fri, Sat, Sun, &amp; Holidays:</b> Lunch: 1:00pm</p>
<b>26</b>	<p><b>Parkdale Meeting Place</b> 1499 Queen Street West 416-891-3396</p>  <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Wed and Thurs 5:15pm-8:30pm</p>	<ul style="list-style-type: none"> <li>• Basic Computer and Internet Assistance</li> <li>• Housing/Eviction Supports Prevention</li> <li>• Social Recreation Prog.</li> <li>• Health Care Referrals</li> <li>• Peer Support</li> <li>• Income Referrals</li> <li>•</li> </ul>	<p><b>Wed &amp; Thu:</b> Refreshments/Snacks: 6:00 pm</p>
<b>27</b>	<p><b>Salvation Army Gateway</b> 107 Jarvis Street (416) 368-0324 <a href="http://www.thegateway.ca">www.thegateway.ca</a></p>  <p><b>Serves:</b> Adults</p> <p><b>Hours:</b> Mon, Wed, Thu, Sat &amp; Sun: 1:00 pm – 7:00pm</p>	<ul style="list-style-type: none"> <li>• Clothing Bank</li> <li>• Nurses' Clinic</li> <li>• Public Phone</li> <li>• AA program</li> <li>• Chapel Service</li> <li>• Spiritual Group</li> <li>• Housing List</li> <li>•</li> </ul>	<p><b>Mon, Wed, Thu, Sat &amp; Sun:</b> Dinner: 4:30pm-5:30pm (Reservation ticket pick up 1pm; exchange for meal ticket at 4:00 pm)</p>



## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

<b>28</b>	<p><b>Sanctuary Ministries</b> 25 Charles Street East (416) 922-0628, Ext. 210 <a href="http://www.sanctuarytoronto.ca">www.sanctuarytoronto.ca</a></p> <p></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> <b>Mon:</b> AA Group, 12.00pm – 1.00pm Studio Sanctuary (Art Club), 1:30pm – 4.30pm Women’s Group, 2.00pm – 5.00pm, held upstairs <b>Thurs:</b> Health Clinic, 5.30pm – 8.00pm <b>Fri:</b> AA Group, 12.00pm – 1.00pm <b>Sun:</b> Worship Service, 5.00pm – 7.30pm <b>Note:</b> <i>It is advisable to call or email ahead of time in case of unexpected changes to this schedule.</i></p>	<ul style="list-style-type: none"> <li>• Clothing Bank</li> <li>• Housing Help</li> <li>• Health Care</li> <li>• Showers</li> <li>• Counselling</li> </ul> <p><i>Call for program information</i></p>	<p><b>Tue:</b> Community Lunch: 10:30-3:00pm <b>Thu:</b> Community Supper: 4:30-9:00pm</p>
<b>29</b>	<p><b>The Scott Mission: Men’s Ministry Drop-In</b> 502 Spadina Avenue (416) 923-8872, x 232 (men’s intake) <a href="http://www.scottmission.com">www.scottmission.com</a></p> <p><b>Serves:</b> Adults</p> <p><b>Hours:</b> Mon-Sat, &amp; Extended Holiday: 8:00am-11:45am Tue &amp; Fri: 2:00 pm – 4:00pm</p>	<ul style="list-style-type: none"> <li>• Clothing and Food Bank</li> <li>• Computer/Internet Access</li> <li>• Housing Referrals</li> <li>• Health Referrals</li> <li>• Laundry and Showers</li> <li>• Counselling</li> <li>• Worship/Bible Studies</li> <li>• Peer Support</li> <li>• Call for other program information</li> <li>• Hot Meals (Monday – Sunday)</li> </ul>	<p><b>Mon-Sat:</b> Lunch: 10:30am &amp; 11:30am Bag Lunch: 4:00pm</p> <p><b>Holidays:</b> Lunch: 10:30am &amp; 11:30am</p>
<b>30</b>	<p><b>Sistering 24/7 Drop-In</b> 962 Bloor St West 416-926-1946/1956 <a href="http://www.sistering.org">www.sistering.org</a></p> <p></p> <p><b>Serves:</b> Women only</p> <p><b>Hours:</b> Open 24 hrs/day, 7 days/week</p>	<ul style="list-style-type: none"> <li>• Job and Housing Help</li> <li>• Clothing Bank</li> <li>• Internet access/phones</li> <li>• Harm Reduction</li> <li>• Income referral</li> <li>• Laundry, showers</li> <li>• Counselling, health care</li> <li>• Social/Language programs</li> </ul>	<p><b>Every day:</b> <i>(hours as of Jan 8, 2018)</i> Breakfast: 9:30 am to 11 am Lunch: 12 pm to 2 pm (formerly 2:45 pm) Dinner: 7:30 pm to 9 pm (formerly 8 pm to 9:30 pm)</p>

## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES



**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

<b>31</b>	<p><b>Sistering: Parkdale Drop-In and Outreach Program</b> 220 Cowan Avenue 416-588-3939 <a href="http://www.sistering.org">www.sistering.org</a></p>  <p><b>Serves:</b> Women only</p> <p><b>Hours:</b> Mon-Fri: 9:00 am – 2:00 pm</p>	<ul style="list-style-type: none"> <li>• Clothing Bank</li> <li>• Housing Help</li> <li>• Health Care Referrals</li> <li>• Counselling</li> <li>• Social Recreation Programs</li> <li>• Settlement Services</li> <li>• Advocacy &amp; Referral</li> <li>• Services provided in other languages</li> <li>• Legal Referral</li> </ul>	<p><b>Mon-Fri:</b> Breakfast: 9:00am-10:30am Lunch: 12 noon-12:30pm (it's a good idea to call ahead and reserve a spot)</p>
<b>32</b>	<p><b>SKETCH Working Arts for Street-Involved Youth</b> 180 Shaw Street, lower level 416-516-1559 <a href="http://www.sketch.ca">www.sketch.ca</a></p> <p><b>Serves:</b> Marginalized and homeless youth, 16-29</p> <p><b>Hours:</b> Tues. &amp; Wed: 12 noon – 8:00pm</p>	<ul style="list-style-type: none"> <li>• community arts programs (visual art, movement and performance, music, media arts, culinary arts)</li> <li>• youth leadership</li> <li>• meals</li> </ul>	<p><b>Tues:</b> Lunch: 12 noon-1:00pm Supper: 4:00pm-5:00pm</p> <p><b>Wed:</b> Lunch: 12 noon-1:00pm Supper: 4:00pm-5:00pm</p> <p><b>Thurs:</b> Lunch: 12 noon-1:00pm</p>
<b>33</b>	<p><b>SOY (Supporting Our Youth) Drop In</b> 333 Sherbourne Street (416) 324-5081 <a href="http://www.soytoronto.org">www.soytoronto.org</a></p>  <p><b>Serves:</b> LGBT Youth 14 to 29 years old</p> <p><b>Hours:</b> Monday: 5:30pm to 8:00pm Tuesday: Newcomer &amp; immigrant drop-in 6:30pm to 8:30pm Wednesday: Black Queer Youth drop-in 6:00pm to 8:30pm Thursday: Trans youth--6:00pm to 8:00pm</p>		<p><b>Mon:</b> Dinner: 5:30pm to 8:00pm</p>






## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

<b>34</b>	<p><b>St. Felix Centre</b> 25 Augusta Avenue. (Rear Building) (416) 203-1624 <a href="http://www.stfelixcentre.ca">www.stfelixcentre.ca</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon-Thu: 9 am to 6:30 pm Mon-Thu: After School Program 3:00 pm – 6:00 pm Fri: 9 am to 3 pm</p> 	<ul style="list-style-type: none"> <li>• Clothing Bank (Mon, Wed, Fri 11:30-1pm; Tues &amp; Thurs 1-3)</li> <li>• Computer/Internet Access</li> <li>• Housing Help</li> <li>• Showers</li> <li>• ESL Classes (Appointment only)</li> <li>• Outreach Support</li> <li>• Informal Counselling</li> <li>• Transitional Home for Women</li> </ul>	<p><b>Mon-Thurs:</b> Lunch: 11:30am-1:00pm Dinner: 5:00pm-6:30pm</p> <p><b>Fri:</b> Lunch: 11:30am-1:00pm</p> <p>Snacks available throughout the day.</p>
<b>34</b>	<p><b>St. Felix Centre Out Of the Cold 24/7 Drop-in</b> 25 Augusta Avenue. (Rear Building) (416) 203-1624 <a href="http://www.stfelixcentre.ca">www.stfelixcentre.ca</a></p> <p><b>Serves:</b> General Homeless Population</p> <p><b>Hours:</b> Open from Nov.15<sup>5</sup> 2017 to March 15, 2018 ONLY: Every day; 24 hours a day, seven days a week</p> 	<ul style="list-style-type: none"> <li>• Showers</li> <li>• Computer access</li> <li>• Sleeping mats</li> </ul>	<p><b>Every day:</b> Breakfast: 8:00am-8:30pm Lunch: 11:30am-1:00pm Dinner: 5:00pm-6:30pm</p> <p>Soup and snacks available all night.</p>
<b>35</b>	<p><b>St. James Cathedral</b> 65 Church Street (416)-364-7865 <a href="http://www.stjamescathedral.on.ca">www.stjamescathedral.on.ca</a></p> <p><b>Hours:</b> Tuesday: 1:30-3:30pm</p>		<p><b>Tues:</b> Lunch: 1:30-3:30</p>



## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

<b>36</b>	<p><b>St. John the Compassionate</b> 155 Broadview Avenue 416-466-1357 <a href="http://www.stjohnmission.org">www.stjohnmission.org</a></p>  <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Monday: 5 am - 9 am (starting Dec 1<sup>st</sup>) Tuesday: 5 am - 9 am Wed: 5 am – 6:30 pm Thu: 5 am – 4pm Fri: 5 am – 4pm Sat: 9:00 am – 1:30pm Sun: 4:30pm – 6:30pm</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Clothing Bank</li> <li>• Housing Help</li> <li>• Sherbourne Health Bus</li> <li>• Counselling for families and children</li> <li>• Addiction Counselling</li> <li>• Food for families program</li> <li>• Voluntary Apprenticeship in Bakery and Retail</li> <li>• Walking Group, Gardening</li> <li>• Educational Workshops</li> </ul>	<p><b>Tues:</b> Breakfast: 6am to 8:30 am</p> <p><b>Tues:</b> Breakfast: 6am to 8:30 am</p> <p><b>Wed:</b> Breakfast: 6am to 8:30 am Dinner: 4:30 pm</p> <p><b>Thurs:</b> Breakfast: 6am to 8:30 am Lunch: 12 noon (no lunch on 1<sup>st</sup> Thurs of the month)</p> <p><b>Fri:</b> Breakfast: 6am to 8:30 am Lunch: 12 noon</p> <p><b>Sat:</b> Lunch: 11:00 am – 1:00 pm</p>
<b>37</b>	<p><b>Street Relief Out of the Cold Program</b> Canadian Red Cross St. Andrew's Church 54 Hayden Street (416) 480-2500 <a href="http://www.redcross.ca">www.redcross.ca</a></p>  <p><b>Serves:</b> General Population</p>	<p><b>Note:</b></p> <ul style="list-style-type: none"> <li>• Program runs from Nov-April only Referrals</li> <li>• Phone Access</li> </ul>	<p><b>Sat:</b> Lunch: 12:30-2:30 pm (Snack bags also provided)</p>
<b>38</b>	<p><b>Street Relief Program Downtown</b> Canadian Red Cross Lady of Lourdes Church 41 Earl Street (647) 883-7133 <a href="http://www.redcross.ca">www.redcross.ca</a></p>  <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Program runs from November to April ONLY</p>	<ul style="list-style-type: none"> <li>• Sherbourne Health Bus (Nurse &amp; Social Worker visits)</li> <li>• Referrals</li> <li>• Phone Access</li> </ul>	<p><b>Mon:</b> Breakfast: 8:30am-10:00 am</p> <p><b>Wed:</b> Dinner: 5:30pm-7:00 pm</p>

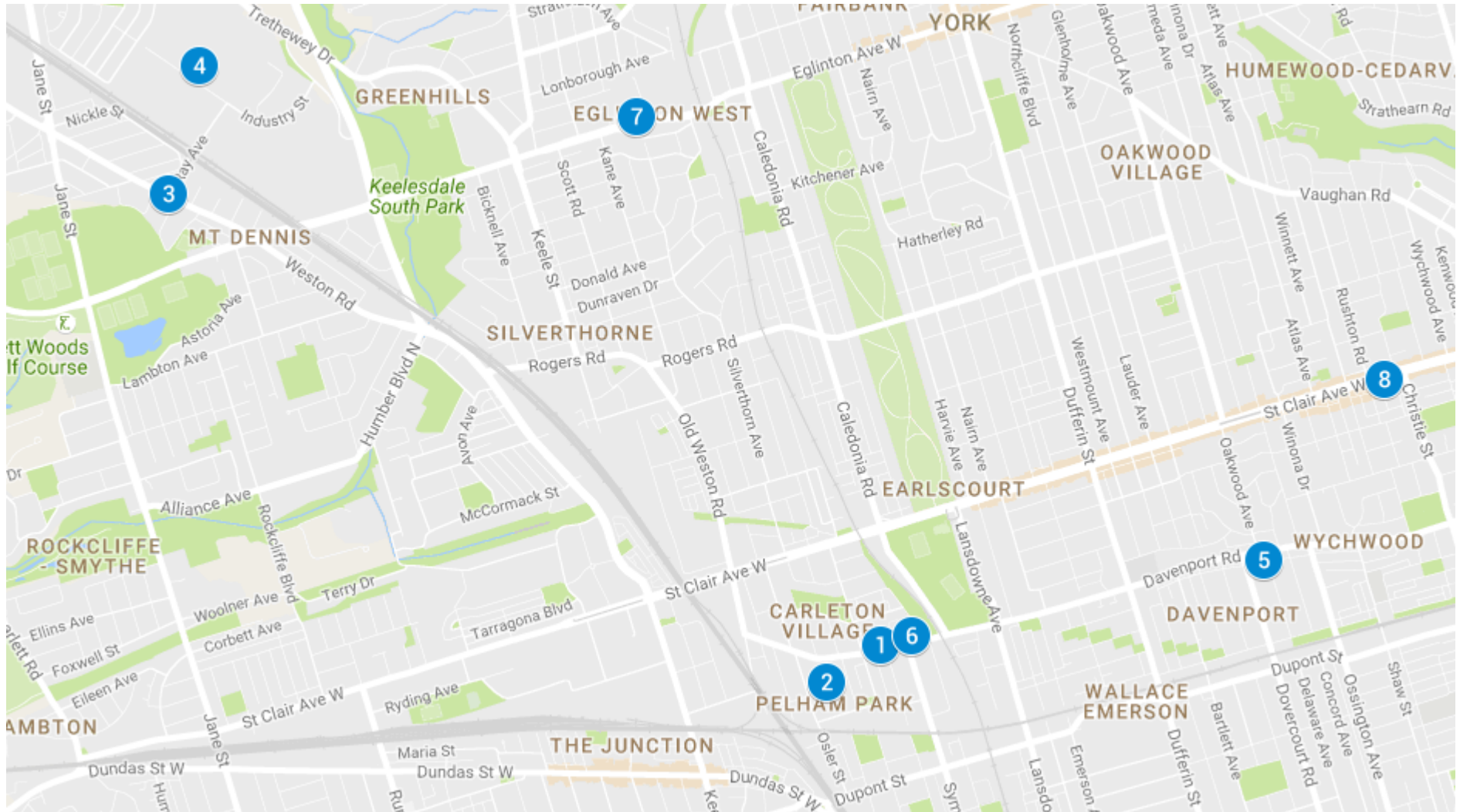
## CENTRAL DOWNTOWN TORONTO DROP-IN SERVICES

**Area boundary:** South of Bloor to Lakeshore | Parkside to Carlaw

<b>39</b>	<p><b>Toronto Council Fire Native Cultural Centre</b> 439 Dundas Street East (416) 360-4350 <a href="http://www.councilfire.ca">www.councilfire.ca</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon-Thu: 8:30am – 4:15 pm Fri: 8:30 am – 3:00 pm Sat-Sun: 9:00 am – 4:00 pm</p>	<ul style="list-style-type: none"> <li>• Job Help, Clothing Bank</li> <li>• Computer/Internet Access</li> <li>• Housing Help</li> <li>• Sherbourne Health Bus</li> <li>• Food Bank</li> <li>• Counselling &amp; Case Management Support</li> <li>• Cultural Awareness</li> </ul>	<p><b>Mon-Wed:</b> Breakfast: 8:30am – 9:30am Lunch: 12 noon-12:30pm Dinner: 3:30 pm</p> <p><b>Thurs:</b> Lunch: 12 noon-12:30pm Dinner: 3:30 pm</p> <p><b>Fri:</b> Breakfast: 8:30am – 9:30am Lunch/Dinner: 1pm</p>
<b>40</b>	<p><b>WEST Neighbourhood House: The Meeting Place</b> 588 Queen Street West (416) 504-4275 <a href="http://www.westnh.org">www.westnh.org</a></p> <p style="text-align: center;"></p> <p><b>Serves:</b> Adults</p> <p><b>Hours:</b> Mon &amp; Tues: 9:30-4:00 Wed: 11:30-7:00 Thurs: 11:30-4:00 Fri.&amp; Sat. 9:30-4:00</p>	<ul style="list-style-type: none"> <li>• Computer/Internet Access</li> <li>• Housing Supports and Eviction Prevention</li> <li>• Income Referral</li> <li>• Laundry and Showers</li> <li>• Financial Trusteeship Program</li> <li>• Case Management</li> <li>• Mental Health &amp; Addictions Support</li> <li>• Cultural programming</li> <li>• Addiction Recovery Support Group, AA Meeting</li> <li>• Peer Support Worker</li> </ul>	<p><b>Kitchen</b> to Cook and Store Food <b>Food Buying Club</b> (call for details) <b>Community Kitchen Program</b></p>
<b>41</b>	<p><b>Woodgreen Community Services Drop-In</b> 650 Queen Street East 416-645-6000, x 1142 <a href="http://www.woodgreen.org">www.woodgreen.org</a></p> <p style="text-align: center;"></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon-Fri: 9:00 am-4:00p</p>	<ul style="list-style-type: none"> <li>• Housing Help</li> <li>• Health Care</li> <li>• Laundry / Showers</li> <li>• Computer / Internet Food Bank</li> <li>• Counselling</li> <li>• ID Clinic</li> </ul>	<p><b>Mon:</b> Breakfast: 9:00am Lunch: 1:00 pm</p> <p><b>Tues:</b> Breakfast: 9:00am</p> <p><b>Wed, Thurs, Fri:</b> Breakfast: 9:00am Lunch: 1:00 pm</p>
<b>42</b>	<p><b>YMCA Vanauley Drop-In</b> YMCA of Greater Toronto 7 Vanauley Street (416) 603-6366, x33209 <a href="http://www.ymcagta.org">www.ymcagta.org</a></p> <p><b>Serves:</b> Youth (16-24 years)</p> <p><b>Mon-Fri:</b> 9:30am-5:00 pm</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Clothing Bank</li> <li>• Computer/Internet Access</li> <li>• Laundry</li> <li>• Showers</li> <li>• Health Care</li> <li>• Income Referral</li> </ul>	<p><b>Mon-Fri:</b> Breakfast: 9:30am-10:30am Lunch: 12 noon -2:00pm</p>

## MIDTOWN-WEST TORONTO DROP-IN SERVICES

**Area Boundary:** Bloor to Lawrence Ave., W. | Highway 427 to Yonge





- 1. Davenport Perth Neighbourhood CHC
- 2. Davenport Perth Pelham Park
- 3. Mount Dennis Neighbourhood Centre

- 4. North York Women's Centre
- 5. Our Place Community of Hope
- 6. Syme-Woolner

- 7. The Stop
- 8. Wychwood Open Door

## MIDTOWN-WEST TORONTO DROP-IN SERVICES



**Area Boundary:** Bloor to Lawrence Ave., W. | Highway 427 to Yonge

Map #	Drop-In Details	Services Provided	Meal Times
<b>1</b>	<p><b>Davenport-Perth Neighbourhood CHC</b> 1900 Davenport Rd 416-656-8025 <a href="http://www.dpnchc.ca">www.dpnchc.ca</a></p>  <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon: 4:30pm-6pm Wed: 4:30pm-6pm</p>	<ul style="list-style-type: none"> <li>• Job Help Information</li> <li>• Housing Help</li> <li>• Income Referral</li> </ul>	<p><b>Mon:</b> Dinner: 4:30-6pm <b>Wed:</b> Dinner: 4:30-6pm</p>
<b>2</b>	<p><b>Davenport Perth: Pelham Park</b> 61 Pelham Park 416-656-8025 <a href="http://www.dpnchc.ca">www.dpnchc.ca</a></p>  <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Wed: 1:00 pm – 3:00 pm</p>	<ul style="list-style-type: none"> <li>• Housing Help</li> <li>• Income Referral</li> <li>• Informal Counselling</li> </ul>	<p><b>Wed:</b> Snack: 1:00 pm – 3:00 pm</p>
<b>3</b>	<p><b>Mount Dennis Neighbourhood Centre (MDNC)</b> 1269 Weston Road (416) 572-0203 <a href="http://www.wknc.ca">www.wknc.ca</a></p> <p><b>Hours:</b> Wed: Aboriginal Kitchen 11am-2pm Sat: 5pm-7pm Sun: 10:30am-12:30pm</p>		<p><b>Wed:</b> Lunch: (aboriginal only) 11am-2pm <b>Sat:</b> Dinner: 5:00 pm - 7:00 pm <b>Sun:</b> Brunch: 10:30 am - 12:30 pm</p>
<b>4</b>	<p><b>North York Women's Centre</b> 116 Industry Street 416-781-0479 <a href="http://www.nywc.org">www.nywc.org</a></p> <p><b>Serves:</b> Women Only</p> <p><b>Hours:</b> Thursdays: 11am – 1pm</p>	<ul style="list-style-type: none"> <li>• Contact drop-in directly for program information</li> </ul>	


## MIDTOWN-WEST TORONTO

### DROP-IN SERVICES


**Area Boundary:** Bloor to Lawrence Ave., W. | Highway 427 to Yonge

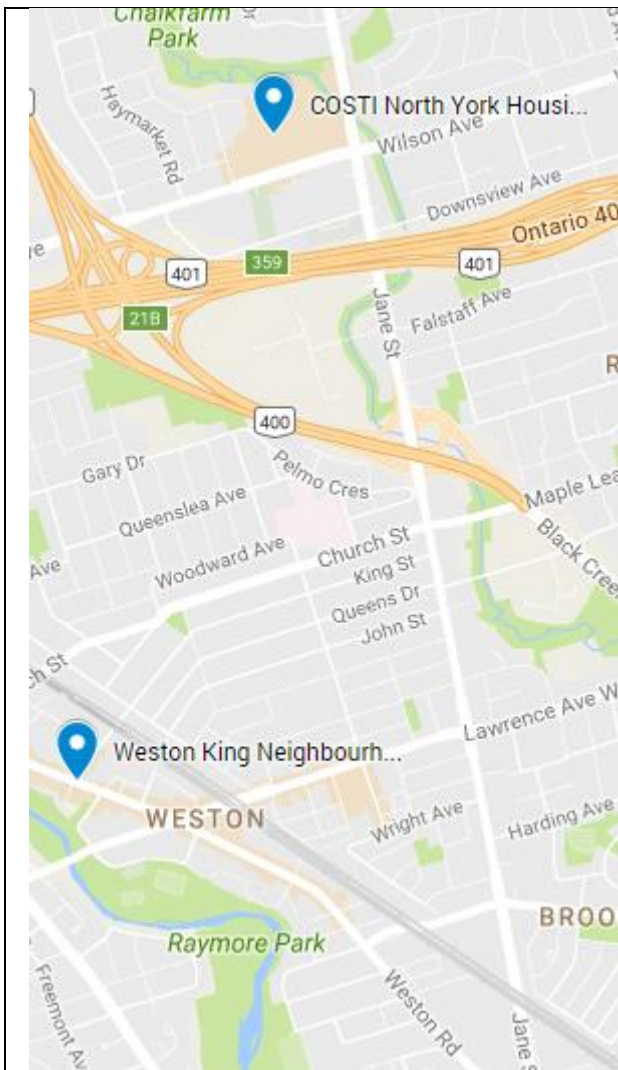
<b>5</b>	<p><b>Our Place Community of Hope</b> 1183 Davenport Rd., 416-598-2919 <a href="http://www.ourplacecommunityofhope.com">www.ourplacecommunityofhope.com</a></p> <p><b>Serves:</b> Individuals living with serious mental illness</p> <p><b>Hours:</b> Tue-Sat: 2:00pm - 8:15pm</p>	<ul style="list-style-type: none"> <li>• Social Rec. programs</li> <li>• Housing/Job/ Income Referrals</li> <li>• Peer mental health discussion group</li> <li>• Clothing bank/Computers</li> <li>• Volunteer Opportunities</li> <li>• Referrals to community supports</li> </ul>	<p><b>Tue, Wed, Fri:</b> Snack: Healthy snacks provided all day Dinner: 5:00 pm</p>
<b>6</b>	<p><b>Syme-Woolner</b> 2468 Eglinton Ave W , Unit 3 416-766-4634 <a href="http://www.symewoolner.org">www.symewoolner.org</a></p> <p style="text-align: right;"></p> <p><b>Serves:</b> General Population &amp; Men or Women only times</p> <p><b>Hours:</b> Every day (7 days per week): 9:00 am – 3:00 pm* *Mon: 4:00 – 7pm (Drop-in is women-only during this time) *Tue: 4:00 – 7 pm (Drop-in is men-only during this time) Wed: 5:30 – 7:00 pm (Dinner &amp; movie) Holidays: 11am - 4:00 pm</p>	<ul style="list-style-type: none"> <li>• Job Help</li> <li>• Clothing &amp; Food Banks</li> <li>• Computer and Internet</li> <li>• Counselling</li> <li>• Harm Reduction Supplies</li> <li>• Income Referral</li> <li>• Housing Help</li> </ul>	<p><b>Every day:</b> Breakfast: 9:00 am-10:00 am Lunch: 12 noon – 1:00 pm</p> <p><b>Plus:</b></p> <p><b>Mon:</b> Snack: 5:30-6:30 (Women only)</p> <p><b>Tue:</b> Snack: 5:30-6:30 (Men only)</p> <p><b>Wed:</b> Dinner &amp; Movie Night: 5:30pm-7:00pm</p>
<b>7</b>	<p><b>The Stop: Community Food Centre</b> 1884 Davenport Road 416-652-7867 <a href="http://www.thestop.org">www.thestop.org</a></p> <p style="text-align: right;"></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b> Mon, Tues, Thurs, Fri: Nov. 1 - March 31: 7:30 am - 3 pm; April 1 – Oct. 31: 9am - 3 pm</p> <p>Tues: Good Food Market (11-3 pm)</p> <p>Wednesday: Healthy Beginnings 10:00 am – 1:00 pm (peri-natal program, catchment requirements).</p> <p>Please call for more info.</p>	<ul style="list-style-type: none"> <li>• Advocacy Office with Information &amp; Referrals for:             <ul style="list-style-type: none"> <li>○ Housing</li> <li>○ Clothing and Basic Needs</li> <li>○ Immigration</li> <li>○ Income Supports (OW, ODSP, CPP, EI, etc.)</li> <li>○ Legal Issues</li> <li>○ Accessing Health Care</li> <li>○ More</li> </ul> </li> <li>• Food Bank (Mon, Thurs, Fri: 11:00 am – 3:00 pm)</li> <li>• ID Clinic (Mon 9:30 am – 11:00)</li> <li>• Community Kitchens and Gardening (see website for schedule)</li> <li>• Arts &amp; Crafts, Movies, Bingo, etc.</li> <li>• Food demo's</li> <li>• Computer workshops</li> <li>• Wellness workshops etc.</li> </ul>	<p><b>Mon, Tue, Thu, &amp; Fri:</b> Breakfast: 9:00 am – 10:00 am Lunch: 12 noon–1:00 pm</p> <p><b>Healthy Beginnings Meal</b> (Perinatal Program) Wednesday: 12:00pm – 1:00pm</p> <p><b>Community Kitchens:</b> <b>Men's Cooking Group</b> Monday: 2:30pm-6:30pm</p> <p><b>Sabor Latino</b> (basic Spanish speaking required; daycare onsite): 1<sup>st</sup> &amp; 3<sup>rd</sup> Thursday: 3:30 pm – 7:30 pm</p> <p><b>Just a Pinch of Soul</b> 2<sup>nd</sup> &amp; 4<sup>th</sup> Thursday: 3:00 pm – 7:00 pm</p>



<b>8</b>	<p><b>Wychwood Open Door</b>          St. Matthew's United Church          729 St. Clair Ave., W.          647-352-3513  <a href="http://www.wychwoodopendoor.org">www.wychwoodopendoor.org</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b>          Mon, Wed, &amp; Fri: 8:30 am – 3:00 pm</p>		<ul style="list-style-type: none"> <li>• Clothing Bank</li> <li>• Computer /Internet</li> <li>• Housing Help</li> <li>• Health Care, Counselling</li> <li>• Harm Reduction Support</li> </ul>	<p><b>Mon, Wed, &amp; Fri:</b>          Hot Breakfast: 10:00 am          Soup Lunch: 12:30 pm          Full Lunch: 1:00 pm</p>
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**NORTH WEST TORONTO  
 DROP-IN SERVICES**  
**Area Boundary:** Lawrence Ave., W. to Steeles | Highway 427 to Yonge

Map	Drop-In Details	Services Provided	Meal Times
	<p><b>COSTI North York Housing Drop-In</b>            1700 Wilson Ave, Suite 114            (416) 244-0480 x 230  <a href="http://www.costi.org">www.costi.org</a></p> <p style="text-align: center;"></p> <p><b>Serves:</b>            General Population</p> <p><b>Hours:</b>            Mon: 1:00pm – 4:00pm            Tues: 1:00pm – 4:00pm            Wed: 9:30am-11:30am &amp; 1:00pm – 4:00pm            Thurs: 1:00pm – 4:00pm            Fri: 9:30am-11:30am &amp; 1:00pm – 4:00pm</p>	<ul style="list-style-type: none"> <li>• Volunteer/ Mentorship; referrals to Employment Services</li> <li>• Housing Help Centre</li> <li>• Family and Mental Health and other Health services</li> <li>• Furniture Bank OW; ODSP, Free Income Tax Clinic, in house Rent Bank; LEAP; Life Skills</li> <li>• Counselling</li> <li>• Women's Support Group</li> <li>• Financial Literacy</li> <li>• ID Clinic</li> </ul>	<p>No meals/snacks served.</p>



**Weston King Neighbourhood Centre (WKNC)**

2017 Weston Road  
 (416) 241-9898  
[www.wknc.ca](http://www.wknc.ca)



**Serves:**  
 General Population & Women Only Day

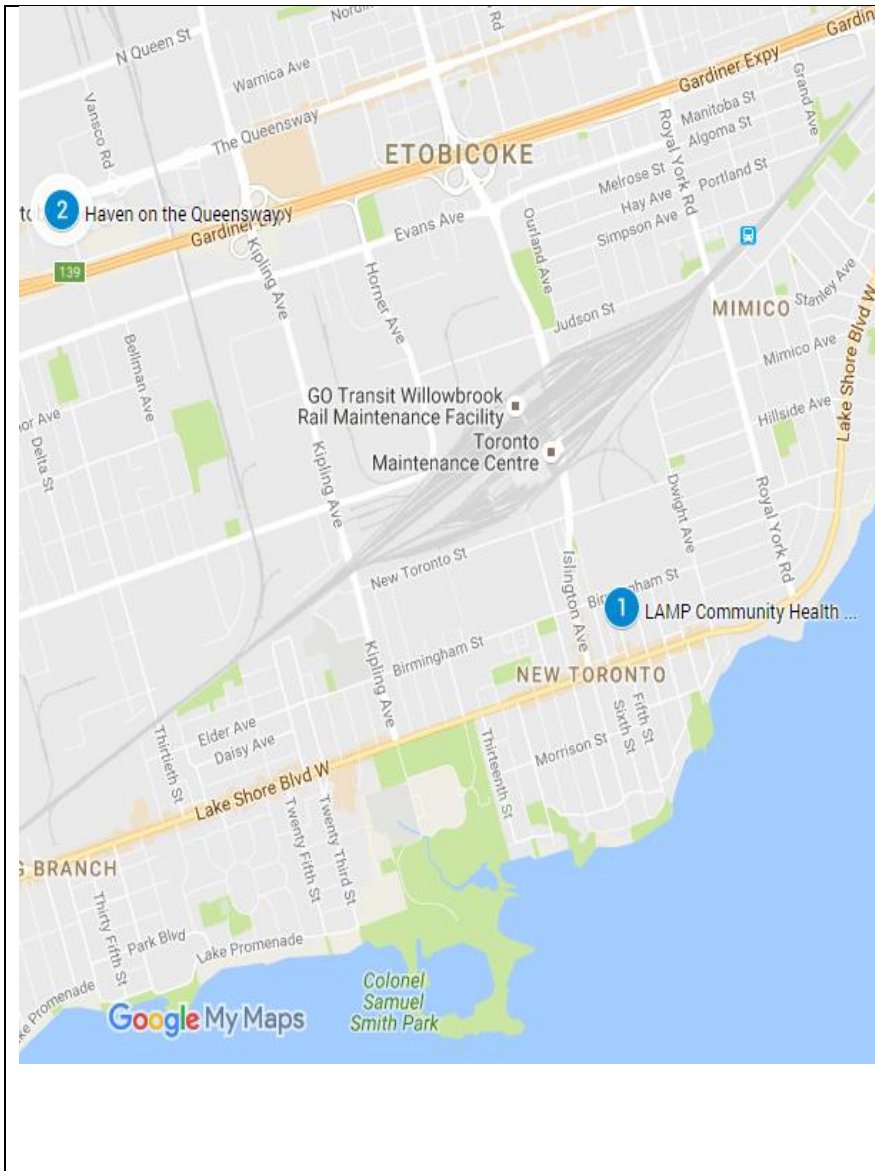
**Hours:**  
 Mon: 8am-3pm  
 Tues: 8am-7pm (seniors only after 10am)  
 Wed: 8am-3pm (men only after 10am)  
 Thurs: 8am-3pm (women only after 10am)  
 Fri: 8am – 3pm  
 Sat: 8am – 3pm

- Clothing Bank
- Computer/Internet Access, phone and fax
- Housing Help
- Recreational Programming (Mon – Sat)
- Seniors Education Programming (Tue)
- Laundry
- Showers
- Harm Reduction Outreach Program
- Educational Programming (Mon, Fri)
- Men’s Programming (Wed)
- Women’s Educational Programming (Thu)

**Mon:**  
 Breakfast: 9:30am  
 Lunch: 12:30pm  
**Tues:**  
 Breakfast: 9:30am  
 Smoothie: 12:30pm (Seniors only)  
 Soup: 2pm (Seniors only)  
 Dinner: 6pm (Seniors only)  
**Wed:**  
 Breakfast: 9:30am  
 Lunch: 12:30pm (men only)  
**Thurs:**  
 Breakfast: 9:30am  
 Lunch: 12:30pm (women only)  
**Fri:**  
 Breakfast: 9:30am  
 Lunch: 12:30pm  
**Sat:**  
 Breakfast: 9:30am  
 Lunch: 12:30pm

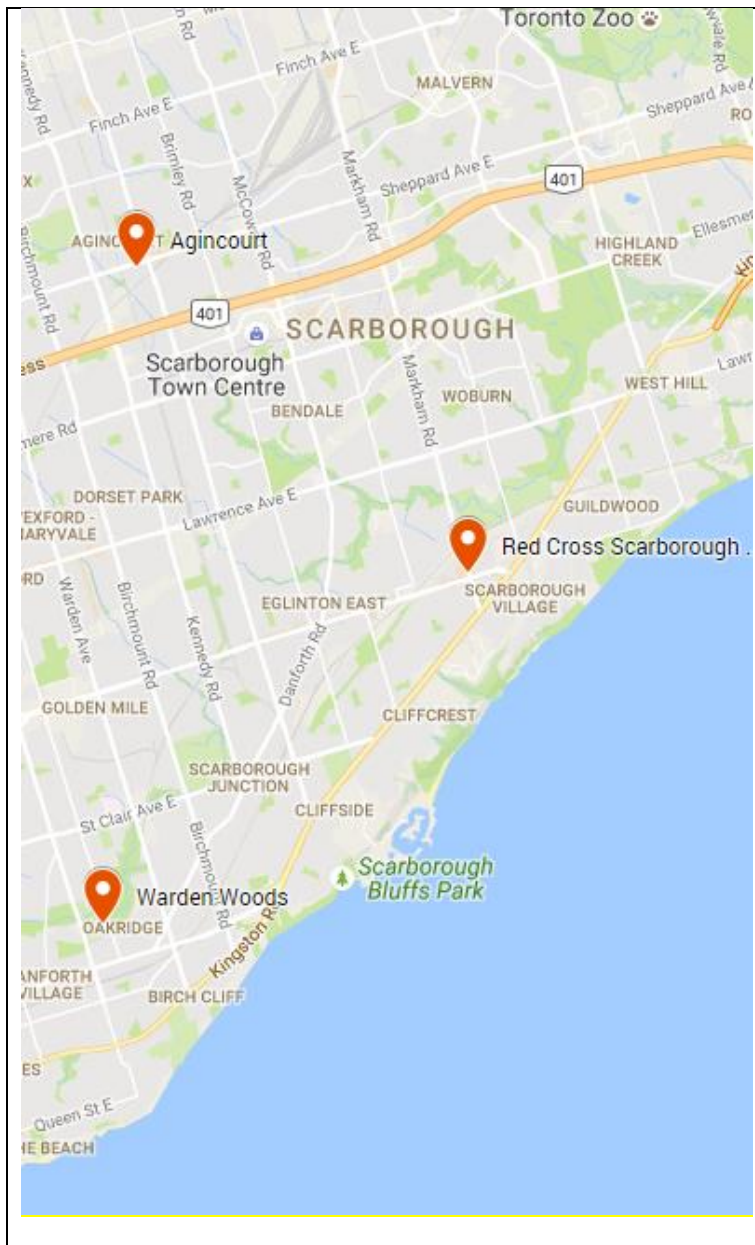
**SOUTH WEST TORONTO  
 DROP-IN SERVICES**  
**Area Boundary:** South of Bloor to Lake Shore and Highway 427 to Parkside

	Drop-In Details	Services Provided	Meal Times
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<p><b>Haven on the Queensway</b>          1533 The Queensway          (416) 640-2005  <a href="http://www.havenontheq.com">http://www.havenontheq.com</a></p> <p><b>Serves:</b> General population</p> <p><b>Hours:</b>          Mon-Thurs: 10:00am– 3:00pm</p>		<p><b>Mon-Thurs:</b>          Snacks available throughout the day</p> <p><b>4<sup>th</sup> Saturday of the month:</b>          Dinner: 4:30pm at Long Branch church (85 31<sup>st</sup> St., Etobicoke)</p>
<p><b>LAMP Community Health Centre</b>          185 Fifth Street          416-252-6471  <a href="http://www.lampchc.org">www.lampchc.org</a></p> <p><b>Serves:</b> General Population</p> <p><b>Hours:</b>          Mon &amp; Wed: 7:30 am – 1:30 pm (Drop-in)          Tues: Cooking club, newsletter group, changes group: 9am-12 noon          Thurs: Harm Reduction drop-in 9:30am-11:30am          Fri: Outings          Sat: 8am-1pm</p>	<ul style="list-style-type: none"> <li>• Computer Internet access</li> <li>• Housing Help</li> <li>• Harm Reduction Supplies</li> <li>• Showers</li> <li>• Counselling</li> <li>• Pet Food Supplies</li> </ul>	<p><b>Monday:</b>          Breakfast: 8:00 am          Lunch: 11:45</p> <p><b>Tuesday:</b>          Breakfast: 9:00 am</p> <p><b>Wednesday:</b>          Breakfast: 8:00 am          Lunch: 11:45</p> <p><b>Thursday:</b>          Breakfast: 9:30 am</p> <p><b>Friday:</b>          Lunches/snacks available on outings</p> <p><b>Saturday:</b>          Breakfast: 8:00 am          Lunch: 11:00 am          Snack: 12:00 noon</p>

<b>EAST TORONTO          DROP-IN SERVICES</b> Area Boundary: Kingston Rd. to Steeles   Carlaw to Port Union			
Map	Drop-In Details	Services Provided	Meal Times



**Agincourt Community Services Association (ACSA)**

4155 Sheppard Avenue East  
416-321-6912

[www.agincourtcommunityservices.com](http://www.agincourtcommunityservices.com)

**Serves:** General population

**Hours:**

Mon/Tues/Thurs 9:00am - 3:00pm  
Wed: Closed  
Fri 10:00am - 5:30pm  
Sat/Sun 8:30am - 3:30pm  
Statutory Holidays: Closed

- Computer, Internet, Phone, Voicemail Project, Mail Service
- Showers/Lockers
- Primary care physician, Dental bus, Foot clinic
- Access to Street Outreach, Housing Help, Housing listings, Housing Follow up Case Management, and Opiate addictions counselling
- Volunteer opportunities
- Women's group and Art group
- Financial literacy (including income tax)

**Breakfast:**

M/T/Thurs 9-10:30am  
CLOSED Wed  
Fri 10-11am  
Sat/Sun 8:30-10am

**Lunch:**

M/T/Thurs 11:30-1pm  
CLOSED Wed  
Fri 12-1pm  
Sat/Sun 11:30-1pm

**Snack:**

M/T/Thurs 2pm  
Fri 3-3:30pm  
Sat/Sun 2pm

**Red Cross Drop-In – Scarborough**

202 Markham Road  
416-267-0115

[www.redcross.ca](http://www.redcross.ca)



**Serves:** General Population

**Hours:**

Mon-Thu: 10:00am -3:00pm  
Fri: 10:00am – 2:00 pm

- Clothing Bank
- Housing Help
- Laundry (apt)
- Phone, Info & Referral
- Volunteer Opportunities
- Food skills training
- Music programs
- Recreational and life skills workshop
- Advocacy; Community gardening; worship

**Mon-Wed:**

Breakfast: 10:00am  
Lunch: 12 noon

**Thurs:**

Breakfast: 10:00am  
Lunch: 12 noon  
Dinner: 5:00pm-7:00pm

**Fri:**

Breakfast: 10:00am  
Lunch: 12 noon

**Warden Woods Community Centre: Teesdale Centre Drop-In**

40 Teesdale Place,  
Ground Floor  
416-694-1138

[www.wardenwoods.com](http://www.wardenwoods.com)



**Serves:** General Population

**Hours:**

Mon-Fri: 9:00 am – 5:00 pm

- Job Help referrals
- Clothing Bank
- Computer and Phone access
- Housing Help - applications
- Nurse, Flu Shot Clinic
- Income Referral
- Counselling
- Educational Workshops
- Harm Reduction
- Income Tax Clinic
- Second Harvest Donations, Daily Bread

**Wed:**

L: 12noon-1:30pm

**Thu:**

Bag Lunch: 12 noon



**Every 2<sup>nd</sup> Thu:**

Take-Out Dinner: 1:00 pm

**ADDITIONAL MEAL LOCATIONS**

**please note:** this is not a comprehensive list of what is available across Toronto

Drop-In Details	Services Provided	Meal Times
<b>The Sharing Place</b>	<ul style="list-style-type: none"> <li>• Food and Clothing Bank that accepts all people</li> </ul>	<b>Community meals every Thursday year round</b> Breakfast: 9:30am Dinner: 7:00pm

<p>624 Annette Street  <a href="http://www.thesharingplace.ca/">http://www.thesharingplace.ca/</a></p> <p><b>Serves:</b> General population</p>		<p>regardless of faith, income, culture, or background</p> <ul style="list-style-type: none"> <li>• Spiritual Mentorship and Community</li> </ul>	
<p><b>Serves:</b> General Population  <b>St. Anne's Church</b>          270 Gladstone Avenue (College and Gladstone)  <a href="http://www.saintanne.ca/events/communitydinner">http://www.saintanne.ca/events/communitydinner</a></p>		<ul style="list-style-type: none"> <li>• Community Dinner</li> </ul>	<p><b>Community Dinner</b>          Every 3rd Sunday at 5:30pm year round</p> <p><i>Participants must check the website link every month as dates are subject to change around holiday weekends</i> <a href="http://www.saintanne.ca/events/communitydinner">http://www.saintanne.ca/events/communitydinner</a></p>



## OUT OF THE COLD SITE SCHEDULE 2017 – 2018

**Out of the Cold** is a volunteer initiative by Toronto area synagogues, churches and faith communities to serve as Host Sites that offer shelter, hospitality and refuge to people who are homeless in the City of Toronto. **Out of the Cold** host sites reach out to marginalized individuals and extend a warm invitation to enjoy food, shelter and hospitality. This is made possible through the dedication and support of the many volunteer groups that offer their time, energy and perseverance. Out of the Cold Resource and Support Services provided by Dixon Hall are funded by the City of Toronto

**Contact:** Mosaic Interfaith York Region, 1-866-392-3777, 416-948-6682; Dixon Hall Resource and Support Services for Out of the Cold: ootc@dixonhall.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>St Patrick's</b> 139 McCaul St. (Dundas/McCaul) 80 Guests Nov 19 – March 25 <b>4:00pm – 7:00am</b>	<b>Lakeshore @ St. Margaret's Church</b> 156 6 <sup>th</sup> St. (Islington/Birmingham) 25 Guests ( <b>Men Only</b> ) Nov 27 – Mar 26 <b>2pm – 8am</b>	<b>Evangel Hall</b> 552 Adelaide St. (E. of Bathurst) 30 Guests <b>Nov 7 – Mar 28</b> <b>Tickets @ 2:30pm</b> <b>4:45pm – 7:00am</b>	<b>Yorkminster Park Baptist</b> 1585 Yonge St. (N. of St. Clair) 60 Guests Nov 1 – Apr 4 <b>7:00pm – 8:00am</b>	<b>Holy Blossom Temple</b> 1950 Bathurst St. (S. of Eglinton) 45 Guests Nov 2 – Mar 29 <b>6:30pm – 7:00am</b>	<b>Eastminster United</b> 310 Danforth Ave. (W. of Chester) 45 Guests Nov 3 – Mar 30 <b>5:00pm – 8:00am</b>	<b>Blythwood Rd Baptist</b> 80 Blythwood Rd. (N. of Yonge/Eglinton) 65 Guests Nov 5 – Apr 1 <b>6:00pm – 8:00am</b>
<b>St Mathew Our Lady Peace</b> 3962 Bloor St W/Shaver 27 Guests ( <b>Men only</b> ) Nov 19 – Mar 25 <b>5:00pm – 8:00am</b>	<b>St. Brigid's Annex</b> 1099 Danforth (Donlands/Danforth) 70 Guests Nov 20 – Apr 9 <b>4:00pm – 8:00am</b>	<b>Beth Sholom</b> 1445 Eglinton W (Allen Expressway) 70 Guests Jan 2 – Mar 20 <b>5:15pm – 7:00am</b>		<b>First Interfaith @ St. Matthew's</b> 729 St. Clair Ave. W (West of Christie) 60 Guests Nov 2 – Mar 29 <b>4:00pm – 8:00am</b>	<b>All Saints Kingsway Anglican</b> 2850 Bloor W (Royal York) 20 Guests ( <b>Men only</b> ) Nov 24 – Apr 6 <b>6pm – 8am</b>	<b>NEED HELP?</b>  <b>CALL CENTRAL INTAKE FROM ANY PAY PHONE:</b>  <b>1-877-338-3398</b>  <b>OR</b>  <b>311</b>
	<b>Beth Emeth</b> 100 Elder St. (Wilmington/Sheppard) 30 Guests Jan 8 – Feb 26 <b>6:00pm – 7:00am</b>			<b>Chinese Gospel</b> 450 Dundas St. W. 15 Guests ( <b>Men only</b> ) Jan 4 – Mar 29 <b>6:00pm – 7:30am</b>	<b>Knox United 2575</b> Midland Ave (Midland/Sheppard) 20 Guests Nov 3 – Mar 30 <b>6:30pm – 8:00am</b>	
	<b>St. Aidan's</b> 70 Silverbirch Ave. (Queen St. E./Silverbirch) 25 Guests Nov 6 – Apr 23 <b>4:00pm – 8:00am</b>					
<b>Programs not serviced by Dixon Hall:</b>						
<b>University Settlement House</b> 23 Grange Rd. (McCaul N. of Queen) 65 Guests					<b>University Settlement House</b> 23 Grange Rd. (McCaul N. of Queen) 65 Guests	<b>University Settlement House</b> 23 Grange Rd. (McCaul N. of Queen) 65 Guests