







DROP-IN MEAL RESOURCE LIST

H= Drop-in Hours of Operation B = Breakfast S = Snack L = Lunch D = Dinner


[Click here to view drop-in geographical location on google maps](#)

June 14, 2023

Drop-in/Organization	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CENTRAL DOWNTOWN: South of Bloor to Lakeshore Parkside to Carlaw							
The 519  519 Church Street 416-355-6795 (Broadly 2SLGBTQ+ Adults, Pets allowed)	H: 2:00pm - 4pm	H: 5:30pm - 8:30pm D: 6:00pm – 7:30pm	H: 2:00pm – 4:00pm	H: 3:00pm – 5:00pm L: 3:00pm – 5:00pm D: 5:00pm – 8:00pm	Closed	Closed	H: 1:00pm – 4:00pm S: 1:00pm – 4:00pm D: 4:00pm – 4:45pm
St. James Cathedral Drop-In  65 Church St. 416-364-7865 *222 (General Population; Adults, Pets not allowed)	Closed	Closed	Closed	Closed	H: 1:30pm - 3:30pm L: 1:30pm - 3:30pm	Closed	Closed
Church of the Holy Trinity: Unity Kitchen  10 Trinity Sq. 416-598-4521 (General Population; Adults; Pets allowed)	Closed	H: 11:30am -1:00pm L: 11:30am -1:00pm	H: 11:30am -1:00pm L: 11:30am -1:00pm	H: 11:30am -1:00pm L: 11:30am -1:00pm	H: 11:30am -1:00pm L: 11:30am -1:00pm	Closed	Closed
TNG: Corner Drop-In  260 Augusta Avenue 416-925-2103 ext. 2260 (General Population; Adults, Service dog allowed)	H: 7:30am –11:30am B: 7:30am S: 8:30am L: 10:45am	H: 7:30am –11:30am B: 7:30am S: 8:30am L: 10:45am	H: 7:30am –11:30am B: 7:30am S: 8:30am L: 10:45am	H: 7:30am –11:30am B: 7:30am S: 8:30am L: 10:45am	H: 7:30am –11:30am B: 7:30am S: 8:30am L: 10:45am	Closed	H: 8:00am –12:00pm B: 8:00am S: 8:30am L: 10:45am






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Drop-in/Organization	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
St. Felix Centre  25 Augusta Avenue 416-203-1624 <i>(General Population; Adults, Pets allowed)</i>	H: 9:00am - 4:30pm B: 7:00am – 8:00am L: 11:30am -1:00pm S: 24/7 D: 5:pm - 6:30pm	H: 9:00am - 4:30pm B: 7:00am – 8:00am L: 11:30am -1:00pm S: 24/7 D: 5:pm - 6:30pm	H: 9:00am - 4:30pm B: 7:00am – 8:00am L: 11:30am -1:00pm S: 24/7 D: 5:pm - 6:30pm	H: 9:00am - 4:30pm B: 7:00am – 8:00am L: 11:30am -1:00pm S: 24/7 D: 5:pm - 6:30pm	H: 9:00am - 4:30pm B: 7:00am – 8:00am L: 11:30am -1:00pm S: 24/7 D: 5:pm - 6:30pm	Closed	Closed
**Ramping down meal program starting June 19 to June 30. Will stop providing services to the public effective July 1st. Visit website www.stfelixcentre.org for updated information.							
West Neighbourhood House: Meeting Place  588 Queen Street West 416-504-4275 <i>(General Population; Adults, Pets allowed)</i>	Closed	H: 9:30am - 3:30pm B: 9:30am - 3:30pm S: 9:30am - 3:30pm	H: 9:30am - 3:30pm B: 9:30am - 3:30pm L: 12:30pm - 2:30pm S: 9:30am - 3:30pm	H: 9:30am - 3:30pm B: 9:30am - 3:30pm S: 9:30am - 3:30pm	H: 9:30am - 3:30pm B: 9:30am - 3:30pm S: 9:30am - 3:30pm	H: 9:30am - 3:30pm B: 9:30am - 3:30pm L: 12:30pm - 2:30pm S: 9:30am - 3:30pm	Closed
Covenant House: Community Support Services  20 Gerrard Street 416 204-7037 <i>(Youth 16 - 24 years; Pets allowed)</i>	H: 12:00pm – 7:00pm L: 12:00pm – 3:00pm D: 3:00pm – 7:00pm	H: 12:00pm – 7:00pm L: 12:00pm – 3:00pm D: 3:00pm – 7:00pm	H: 12:00pm – 7:00pm L: 12:00pm – 3:00pm D: 3:00pm – 7:00pm	H: 12:00pm – 7:00pm L: 12:00pm – 3:00pm D: 3:00pm – 7:00pm	H: 12:00pm – 7:00pm L: 12:00pm – 3:00pm D: 3:00pm – 7:00pm	H: 12:00pm – 7:00pm L: 12:00pm – 3:00pm D: 3:00pm – 7:00pm	H: 12:00pm – 7:00pm L: 12:00pm – 3:00pm D: 3:00pm – 7:00pm
Fred Victor: 40 Oak Drop-in  40 Oak Street 416-363-4234 <i>(General Population; Adults, Service dog allowed)</i>	H: 9:00am - 3:30pm B: 9:00am - 10:00am L: 12:00am - 1:00pm	H: 9:00am - 3:30pm L: 12:00am - 1:00pm	H: 9:00am - 1:00pm	H: 9:00am - 3:30pm L: 12:00am - 1:00pm	H: 9:00am - 3:30pm B: 9:00am - 10:00am L: 12:00am - 1:00pm	Closed	L: 12:00am -1:00pm <i>(provided by Muslim Welfare Centre)</i>
Friends of Ruby  489 Queen St E LL01 416-359-0237 <i>(LGBTQI2S youth (16 to 29, Pets allowed)</i>	H: 11:00am - 6:30pm	H: 11:00am - 6:30pm	H: 11:00am - 6:30pm	H: 11:00am - 6:30pm	H: 11:00am - 6:30pm	Closed	Closed






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Drop-in/Organization	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Metropolitan United Church  56 Queen Street East 416-363-0331 x 241 <i>(General Population; Adults, Pets allowed)</i>	Closed	Closed	Closed	Closed	H: 9:00am - 2:00pm B: 9:30am - 11:30am	Closed	Closed
Good Shepherd Ministries  412 Queen St East 416-869-3619 <i>(General Population; Adults, Service dog allowed)</i>	H: 24/7 D: 2:00pm – 4:00pm	H: 24/7 D: 2:00pm – 4:00pm	H: 24/7 D: 2:00pm – 4:00pm	H: 24/7 D: 2:00pm – 4:00pm	H: 24/7 D: 2:00pm – 4:00pm	H: 24/7 D: 2:00pm – 4:00pm	H: 24/7 D: 2:00pm – 4:00pm
Evangel Hall Mission  552 Adelaide St W 416-504-3563 <i>(General Population; Adults, Pets not allowed)</i>	H: 9:00am - 12:30pm B: 10:30am - 12:30pm L/S: 10:30am-12:30pm	H: 9:00am - 12:30pm B: 10:30am - 12:30pm L/S: 10:30am-12:30pm	H: 9:00am - 12:30pm B: 10:30am - 12:30pm L/S: 10:30am-12:30pm	H: 9:00am - 12:30pm B: 10:30am - 12:30pm L/S: 10:30am-12:30pm	H: 9:00am - 12:30pm B: 10:30am - 12:30pm L/S: 10:30am-12:30pm	Closed	H: 5:00pm - 6:00pm D: 5:00pm - 6:00pm
Haven Toronto  170 Jarvis Street 416-366-5377 <i>(Men only 50 years of age and over. Must sign up to be a member; Service dog allowed)</i>	H: 8:00am - 5:00pm B: 8:15am - 9:15am L: 12:15pm -1:15pm S: 3:00pm - 3:15pm	H: 8:00am - 5:00pm B: 8:15am - 9:15am L: 12:15pm -1:15pm S: 3:00pm - 3:15pm	H: 8:00am - 5:00pm B: 8:15am - 9:15am L: 12:15pm -1:15pm S: 3:00pm - 3:15pm	H: 8:00am - 5:00pm B: 8:15am - 9:15am L: 12:15pm -1:15pm S: 3:00pm - 3:15pm	H: 8:00am - 5:00pm B: 8:15am - 9:15am L: 12:15pm -1:15pm S: 3:00pm - 3:15pm	H: 8:00am - 5:00pm B: 8:15am - 9:15am L: 12:15pm -1:15pm S: 3:00pm - 3:15pm	H: 8:00am - 5:00pm B: 8:15am - 9:15am L: 12:15pm -1:15pm S: 3:00pm - 3:15pm
Margaret's Toronto East Drop-in Centre  323 Dundas St. East 647-367-2100 <i>(General Population; Adults, Pets allowed)</i>	H: 7:00am - 4:00pm B: 7:00am - 8:30am L: 11:00am - 12:00pm S: 3:00pm	H: 7:00am - 4:00pm B: 7:00am - 8:30am L: 11:00am - 12:00pm S: 3:00pm	H: 7:00am - 4:00pm B: 7:00am - 8:30am L: 11:00am - 12:00pm S: 3:00pm	H: 7:00am - 4:00pm B: 7:00am - 8:30am L: 11:00am - 12:00pm S: 3:00pm	H: 7:00am - 4:00pm B: 7:00am - 8:30am L: 11:00am - 12:00pm S: 3:00pm	H: 7:00am - 4:00pm B: 7:00am - 8:30am L: 11:00am - 12:00pm S: 3:00pm	H: 7:00am - 4:00pm B: 7:00am - 8:30am L: 11:00am - 12:00pm S: 3:00pm
YMCA Wagner Green Drop-in  7 Vanauley Street 647-632-2500 <i>(Youth 16 - 24 years, No pets allowed)</i>	H: 9:00am – 5:00pm B: 9:00am-10:00am L: 12:00pm-1:00pm S: 3:00pm-4:00pm D: 4:00pm	H: 9:00am – 5:00pm B: 9:00am-10:00am L: 12:00pm-1:00pm S: 3:00pm-4:00pm D: 4:00pm	H: 9:00am – 5:00pm B: 9:00am-10:00am L: 12:00pm-1:00pm S: 3:00pm-4:00pm D: 4:00pm	H: 9:00am – 5:00pm B: 9:00am-10:00am L: 12:00pm-1:00pm S: 3:00pm-4:00pm D: 4:00pm	H: 9:00am – 5:00pm B: 9:00am-10:00am L: 12:00pm-1:00pm S: 3:00pm-4:00pm D: 4:00pm	Closed	Closed





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Drop-in/Organization	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Church of the Redeemer: The Common Table 162 Bloor St. W 416-922-4948 <i>(General Population; Adults, Service dog allowed)</i>	 H: 8:00am - 11:30am L: 10:00am - 11:30am	H: 8:00am - 11:30am L: 10:00am - 11:30am	H: 8:00am - 11:30am L: 10:00am - 11:30am	H: 8:00am - 11:30am L: 10:00am - 11:30am	H: 8:00am - 11:30am L: 10:00am - 11:30am	Closed	Closed
Native Youth Resource Centre 655 Bloor Street west 416-639-9070 <i>(Indigenous youth, 16 to 24 years; Pets not allowed)</i>	 H: 9:00am - 7:00pm B: 9:00am L: 12:00pm S: 2:00pm D: 5:00pm	H: 9:00am - 7:00pm B: 9:00am L: 12:00pm S: 2:00pm D: 5:00pm	H: 9:00am - 7:00pm B: 9:00am L: 12:00pm S: 2:00pm D: 5:00pm	H: 9:00am - 7:00pm B: 9:00am L: 12:00pm S: 2:00pm D: 5:00pm	H: 9:00am - 7:00pm B: 9:00am L: 12:00pm S: 2:00pm D: 5:00pm	Closed	Closed
St. Basil's Church 50 St. Joseph St. 416-926-7110 <i>(General Population; Service dog allowed)</i>	 H: 11:30am - 12:30pm L: 11:30am - 12:30pm	H: 11:30am - 12:30pm L: 11:30am - 12:30pm	Closed	Closed	Closed	Closed	Closed
Law Society Foundation Feed the Hungry Program 130 Queen St W 416-947-3412 <i>(General Population; Pets not allowed)</i>	 Closed	D: 5:00pm <i>(Take-out meals only)</i>	D: 5:00pm <i>(Take-out meals only)</i>	B: 6:45am <i>(Take-out meals only)</i>	Closed	B: 10:00am <i>(Take-out meals only)</i>	Closed
Fontbonne Ministries: Mustard Seed Drop-In 791 Queen St. E. 416-465-6069 <i>(General Population; Adults, Service dog allowed)</i>	 H: 8:30am - 11:00am (drop-in) S: 8:30am - 11:00am	H: 8:30am - 11:00am (drop-in) S: 8:30am - 11:00am	Closed	Closed	H: 8:30am – 11:00am (drop-in) 11:30am – 1:00pm (take out meal) S: 8:30am - 11:00am L: 11:30am - 1:00pm	H: 11:30am -1:00pm (take out meal) L: 11:30am – 1:00pm	H:: 10:00am - 11am (drop-in) 11:30am – 1:00pm (take out meal) S: 10:00am - 11:00am L: 11:30am - 1:00pm


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Drop-in/Organization	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
MIDTOWN WEST: Bloor to Lawrence Avenue W. Highway 427 to Yonge							
Christie Ossington Neighbourhood Center 850/854 Bloor St W. 416-792-8941 <i>(General Population; Adults; Pets not allowed)</i>	 H: 10:00am - 3:30pm S: 10:00am -11:00am L: 12:00pm -1:00pm	H: 10:00am - 3:30pm S: 10:00am -11:00am L: 12:00pm -1:00pm	H: 10:00am - 3:30pm S: 10:00am -11:00am L: 12:00pm -1:00pm	H: 10:00am - 3:30pm S: 10:00am -11:00am L: 12:00pm -1:00pm	H: 10:00am - 3:30pm S: 10:00am -11:00am L: 12:00pm -1:00pm	Closed	Closed
St. Michael's Homes: Our Place Community of Hope 1183 Davenport Road 416-598-2919 <i>(General Population; Adults)</i> <i>Service dog allowed)</i>	 H: 12:00pm-5:00pm D: Dine-in: 2:30pm-5:00pm Takeout: 3:00pm-5:00pm	H: 12:00pm-5:00pm D: Dine-in: 2:30pm-5:00pm Takeout: 3:00pm-5:00pm	H: 12:00pm-5:00pm D: Dine-in: 2:30pm-5:00pm Takeout: 3:00pm-5:00pm	H: 12:00pm-5:00pm D: Dine-in: 2:30pm-5:00pm Takeout: 3:00pm-5:00pm	H: 12:00pm-5:00pm D: Dine-in: 2:30pm-5:00pm Takeout: 3:00pm-5:00pm	Closed	Closed
Davenport Perth Neighbourhood & Community Health Centre 1900 Davenport Rd 416-656-8025 <i>(General Population)</i> <i>Service dog allowed)</i>	 Closed	Closed	H: 5:00pm - 5:30pm D: 5:00pm - 5:30pm	Closed	Closed	Closed	Closed
Parkdale Activity Recreation Centre 1499 Queen Street West 416-537-2262 <i>(General Population; Adults, Pets allowed)</i>	 H: 9:00am – 1:00pm B: 9:30am - 10:30am L: 11:30am - 12:30pm	H: 9:00am – 1:00pm B: 9:30am - 10:30am L: 11:30am - 12:30pm	H: 9:00am – 1:00pm B: 9:30am - 10:30am S: 11:30am - 12:30pm	H: 9:00am – 1:00pm B: 9:30am - 10:30am L: 11:30am - 12:30pm	H: 12:30pm - 4:30pm L: 1:00pm – 2:00pm	H: 11:00am – 3:00pm B: 11:15am - 12:15pm L: 1:00pm – 2:00pm	H: 11:00am – 3:00pm B: 11:15am - 12:15pm L: 1:00pm – 2:00pm




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Syme Woolner Neighbourhood & Family Centre  2468 Eglinton Ave West. Unit 3 416-766-4634 <i>(General Population; Adults; Service dog allowed)</i>	H: 9:00am-3:00pm B: 9:00am-3:00pm L: 12:00pm-1:30pm S: 9:00am-3:00pm	H: 9:00am-3:00pm B: 9:00am-3:00pm L: 12:00pm-1:30pm S: 9:00am-3:00pm	H: 9:00am-3:00pm B: 9:00am-3:00pm L: 12:00pm-1:30pm S: 9:00am-3:00pm	H: 9:00am-3:00pm B: 9:00am-3:00pm L: 12:00pm-1:30pm S: 9:00am-3:00pm	H: 9:00am-3:00pm B: 9:00am-3:00pm L: 12:00pm-1:30pm S: 9:00am-3:00pm	H: 9:00am-3:00pm B: 9:00am-3:00pm L: 12:00pm-1:30pm S: 9:00am-3:00pm	H: 9:00am-3:00pm B: 9:00am-3:00pm L: 12:00pm-1:30pm S: 9:00am-3:00pm
SOUTHWEST: South of Bloor to Lakeshore Highway 427 to Parkside							
LAMP Community Health Centre: Adult Drop-in  156 Sixth Street 416-252-6471 <i>(General Population; Adults)</i> <i>Service dog allowed)</i>	Closed	H: 9:30am-1:30pm B: 9:30am – 11am L: 11:30am -1:00pm	H: 9:30am-1:30pm B: 9:30am – 11am L: 11:30am -1:00pm	H: 9:30am-1:30pm B: 9:30am – 11am L: 11:30am -1:00pm	H: 9:30am-1:30pm B: 9:30am – 11am L: 11:30am -1:00pm	Closed	Closed
Daily Bread Food Bank's Community Meal  191 New Toronto Street, gate # 1 416-203-0050 <i>(General Population, Pets not allowed)</i>	Closed	Closed	Closed	H: 5:30pm - 7:00pm D: 5:30pm - 7:00pm	Closed	Closed	Closed
Northwest: Lawrence Avenue to Steeles Highway 427 to Yonge							
Progress Place: Community Place Hub  1765 Weston Road 416-323-1429 <i>(General Population; Adults, Service dog allowed)</i>	H: 10:00am-11:30am; 1:00pm- 2:30pm B: 10:00am - 11:30am L: 1:00pm - 2:30pm	H: 10:00am-11:30am; 1:00pm- 2:30pm B: 10:00am - 11:30am L: 1:00pm - 2:30pm	H: 10:00am-11:30am; 1:00pm- 2:30pm B: 10:00am - 11:30am S: 1:00pm - 2:30pm	H: 10:00am-11:30am; 1:00pm- 2:30pm; 5:00pm - 6:00pm B: 10:00am - 11:30am L: 1:00pm - 2:30pm S: 5:00pm - 6:00pm	H: 10:00am-11:30am; 1:00pm- 2:30pm B: 10:00am - 11:30am L: 1:00pm - 2:30pm	Closed	H: 10:00am-11:30am; 1:00pm- 2:30pm B: 10:00am - 11:30am L: 1:00pm - 2:30pm

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EAST: Kingston Rd. to Steeles Carlaw to Port Union							
Warden Woods Community Centre:  Teesdale Drop-In 40 Teesdale Place 416-500-2583 416-694-1138 ext. 164 <i>(General Population, Service dogs allowed)</i>	H: 9:00am - 5:00pm S: 12:00pm - 1:00pm	H: 9:00am - 5:00pm	H: 9:00am - 5:00pm L: 12:00pm - 1:00pm	H: 9:00am - 5:00pm L: 12:00pm - 1:00pm	H: 9:00am - 4:30pm	Closed	Closed
Agincourt Community Services Association: North Drop-in  4155 Sheppard Avenue East 647) 461-6912 <i>(General Population; Adults; Service dog allowed)</i>	Closed	H: 9:00am – 3:00pm B: 9:00am - 10:30am S: 10:30am L: 11:00am – 3:00pm	H: 9:00am – 3:00pm B: 9:00am - 10:30am S: 10:30am L: 11:00am – 3:00pm	H: 9:00am – 3:00pm B: 9:00am - 10:30am S: 10:30am L: 11:00am – 3:00pm	H: 9am-3pm (Take-out Only) B: 9:00am - 10:30am S: 9:00am – 3:00pm L: 10:30am – 3:00pm	Closed	Closed
Agincourt Community Services Association: South Drop-in  202 Markham Road 647-472-6912 <i>(General Population; Adults; Service dog allowed)</i>	H: 9:00am - 3:00pm B: 9:00am - 10:30am L: 11:00am – 2:00pm S: 10:30am	Closed	Closed	Closed	Closed	Closed	H: 9:00am - 3:00pm B: 9:00am - 10:30am L: 11:00am – 2:00pm S: 10:30am