

Toronto Homeless Resource List

Updated December 6 2023 - *Updates in red.*

Changes? diana@allsaintstoronto.com

Subscribe for updates: <https://tinyurl.com/THRSubscribe>

Central Intake: 416-338-4766 | **VAW Shelter Intake:** 416-863-0511
Mobile Crisis Response Unit: Request via 211

Downtown West – Parkdale

The Dale Ministries. 201 Cowan Ave. 647-926-6352. *Takeaway services only.* **Meals:** Mon 1pm; Thurs 10am.

↳ **Parkdale Activity-Recreation Centre.** 1499 Queen St. W. 416-537-2262. *Open indoors, Mon-Thurs, 9am-1pm; Fri, 12:30-4:30pm; Sat & Sun, 11am-3pm.* **Meals:** Mon-Thurs, 9:30am-10:30pm; Fri, 1-2pm; Sat-Sun, 11:15-12:15pm. **Showers:** Mon-Thurs, 9:15-10:15am, 11:30am-12:30pm; Fri, 1-2pm; Sat-Sun, 11:15-12:15pm, 1-2pm. **Other:** Harm reduction supplies, clothing, computers, WiFi, phones.

St. Francis' Table. *Open indoors during meal times.* 1322 Queen St W. 416-532-4172. **Meals:** Mon, 4:30-6pm; Tues-Thurs, 12-1pm, 4:30-6pm; Fri & Sun, 12-1pm.

↳ **St. Felix 24-Hour Respite.** 69 Fraser Ave. 416-203-1624. *Takeaway services only.* **Meals:** 24/7. **Other:** Harm reduction supplies.

Bonar-Parkdale Presbyterian Church. 250 Dunn Ave. 416-532-3729. *Takeaway services only.* **Meals:** 3rd Sun of the month, 3pm.

↳ **Masaryk-Cowan Centre.** 220 Cowan Ave. 416-392-6928. **Showers, Washrooms:** Mon-Fri, 9am-8:30pm; Sat & Sun, 9am-6pm.

↳ **Allan A. Lampert Stadium.** 1155 King St. W. 416-392-1366. **Showers, Washrooms:** Mon-Thurs & Sun, 8am-3pm.

Downtown West – Bloorcourt Village

↳ **Native Youth Resource Centre.** 655 Bloor St. W. 416-969-8510. *Open indoors, Indigenous youth 16-24 only, Mon-Fri, 9am-7pm.* **Meals:** Mon-Fri, 9 am, 12-1pm, 5-6pm. **Other:** Internet, WiFi, phones.

↳ **Christie Ossington Neighbourhood Centre.** 854 Bloor St. W. 416-792-8941 ext 221. *Open indoors, Mon-Fri, 8am-6pm; Sat & Sun, 8:30am-5:30pm.* **Meals:** Mon-Fri, 10-11am; 12-1pm. **Other:** Computers; laundry & showers (*call to book*).

↳ **Sistering.** 962 Bloor St. W. 416-926-9762. *Open indoors, women and transfolk only (10 people max), 7day/wk, 10am-5:30pm.* **Meals:** 12-2pm; 7-9pm. **Showers:** Available during opening hours. **Other:** Harm reduction supplies, phone. WiFi, laundry (*during opening hours*).

Westmoreland Parkette. 760 Dovercourt Rd. **Portable toilets,** 24/7.

Downtown West - Spadina-Kensington-Queen West

↳ **Church of St. Stephen in-the-Fields.** 103 Bellevue Ave. 416-526-5438. *Open indoors during meal times.* **Meals:** Fri, 6-10pm, Sat & Sun, 7-8:30am. **Other:** WiFi.

↳ **Evergreen Centre for Youth.** 365 Spadina Ave. 416-929-9614. *Open indoors, youth 16-24 only, Mon-Fri, 12-5pm.* **Meals:** Mon-Thurs, 12-1pm, 4-5pm (*except Fri*). **Other:** Harm reduction supplies, computers, phones.

↳ **The Scott Mission.** 502 Spadina Ave. 416-923-8872 ext. 202. *Open indoors during meal times.* **Men-only respite open 24/7 (capacity 50).** **Meals:** Mon-Sat (*Sat takeout only*), 8-9:30am; 10am-12pm; Sun (*takeout only*), 8am, 12pm. **Other:** Showers (8-11am), laundry (8-10:30am), clothing.

↳ **The Corner Drop-in.** 260 Augusta Ave. 416 925 2103 ext. 2260. *Open indoors, Sun-Fri, 7:30am-11:30am; Thurs & Fri, 12-4pm.* **Meals:** Mon-Fri & Sun, 7:30am, 10:45am. **Showers:** Mon-Fri, 7:30-10:30am, Sun, 8-10:30am. **Other:** Harm reduction supplies, laundry (*Mon-Fri & Sun, 8-9:45am*), WiFi, computers, phone.

↳ **Evangel Hall.** 552 Adelaide St. W. 416-504-3563. *Open indoors during meal times.* **Meals:** Mon-Fri, 10:30am-12:30pm; Sun, 5-6pm. **Showers:** Mon-Fri, 9am-12:30pm. **Other:** Laundry, clothing (*2nd & 4th Wed*).

St. Thomas's Church: Friday Food Ministry. 383 Huron St. 416-979-2323. *Takeaway services only.* **Meals:** Fri, 6-7pm.

Toronto Lawyers Feed the Hungry. 130 Queen St W. 416-947-3412. *Open during meal times.* **Meals:** Tues & Wed, 5pm; Thurs, 6:45am; Sun, 10am.

↳ **The Meeting Place.** 588 Queen St. W. 416-532-4828. *Open indoors, Tues-Sat, 9:30am-3:30pm.* **Meals:** Sat, 12:30-2:30pm. **Showers:** During opening hours. **Other:** Harm reduction supplies, laundry, computers, phone.

↳ **YMCA: Wagner Green.** 7 Vanauley St. 647-632-2500. *Open indoors, youth 16-24 only, Mon-Fri, 9am-5pm.* **Meals:** Mon-Fri, 9-10am, 11am-12pm. 3pm (*snack*), 4pm. **Showers:** Appointment only, Mon-Fri, 9am-5pm. **Other:** Computers, laundry.

St. Andrew's OOTC. 73 Simcoe St. 416 593 5600. *Open indoors during meal times.* **Meals:** Mon, 5-7 pm (*until March 25*); Tues, 7-8:30am. **Other:** Clothing (*Tues morning*).

Holy Rosary OOTC. 354 St. Clair Ave. W. 416 923 8471. *Open indoors during meal times.* **Meals:** 12-1pm (*until March 16*).

Blythwood OOTC. Outreach at Nathan Phillips Square (*takeaway only*), Sat, 2:30-4pm.

Harrison Pool. 15 Stephanie St. 416-392-7984. **Showers, Washrooms:** Mon-Fri, 10am-5:30pm; Sat & Sun, 9am-4pm.

↳ **Trinity Community Centre.** 155 Crawford St. 416-392-0743. **Showers, Washrooms:** 7 days/wk, 9am-9pm.

Trinity Bellwoods Park. 790 Queen St W. **Portable toilets,** 24/7.

Clarence Square. 25 Clarence Square. **Portable toilets,** 24/7.

Nathan Phillips Square. 100 Queen St. W. **Washrooms:** Mon-Sun, 10am-10pm.

Downtown Centre – Yonge Corridor

Church of the Holy Trinity. 19 Trinity Square. 416-598-4521. *Takeaway services only.* **Meals:** Tues-Wed, 12-1:30pm. **Other:** Clothing, harm reduction supplies, hygiene kits.

St. James Cathedral. 65 Church St. 416-364-7865 x222. *Open indoors during meal time (30 people max).* **Meals:** Fri, 1:30-3:30pm.

Church of the Redeemer. 162 Bloor St. West. 416-922-4948. *Open indoors, 8:30-11:30am.*

↳ **The 519.** 519 Church St. 416-392-6874. *Open indoors, Tues, 5:30-8:30pm (trans only); Sun, 1-4pm.* **Meals:** Tues, 6-7:30pm; Sun, 4-4:45pm. **Other:** Harm reduction supplies, emergency clothing. **NOTE: When temps reach -15, opening hours change to Tues, 3-8:30pm, and Sun, 10am-4pm.**

Fred Victor: Women's 24/7 Drop-in. 67 Adelaide St. E. 416-364-7739. *Takeaway only.* **Meals:** 7 days/wk, 8:15am, 12pm, 6pm.

↳ **Sanctuary.** 25 Charles St. E. 416-922-0628. *Open indoors during meal times.* **Meals:** Tues, 11am-3pm; Thurs, 5-9pm. **Showers:** Same as meal times. **Other:** Harm reduction supplies, WiFi.

↳ **Covenant House.** 20 Gerrard St. E. 416-598-4898. *Open indoors, youth only 16-26 only, Mon-Fri, 12-7pm.* **Meals:** Served during opening hours; snacks 24/7. **Showers:** Available during opening hours. **Other:** Computers, nurse.

Met United OOTC. 56 Queen St. E. 416-363-0331. *Open indoors during meal times.* **Meals:** Fri, 9:30-11:30am.

St. Basil's OOTC. 50 St. Joseph St. 416 926 7110. *Open indoors during meal time.* **Meals:** Mon & Tues, 11:30am-12:30pm.

↳ **Wellesley Community Centre.** 495 Sherbourne St. 416 392 0227. **Showers, Washrooms:** Mon-Fri, 7am-10pm; Sat & Sun, 9am-5:30pm.

Rosedale Valley. 500 Rosedale Valley Rd. **Portable toilets,** 24/7.

↳ **Union Station.** 65 Front St. **Washrooms:** 5:30am-12:45am.

Downtown East – Moss Park-Regent Park-Allan Gardens

↳ **All Saints Church-Community Centre.** 315 Dundas St. E. 416-368-7768. *Open indoors, Mon, Tues, Thurs, 8:30am-2:30pm, Wed, 10:30am-3pm; 5-7pm.* **Meals:** Mon-Thurs, 9:30am, 12:30pm; Wed, 6pm. Snacks during opening hours. **Other:** Harm reduction supplies, nurse, WiFi, computers, phone.

Fred Victor: Open House Drop-in. 145 Queen St. E. 416-364-8228. *Open indoors, Mon-Fri, 11am-12:30pm; 2:30-4:30pm.* **Meals (takeaway only):** Mon-Fri, 11 am; 4pm.

↳ **Council Fire.** 439 Dundas St. E. 416-360-4350. *Open indoors, Mon-Thurs, 10am-12pm; 1:30-3:30pm (30 people max).* **Meals:** 7 days/wk, 9:30-10am; 1-1:30pm.

↳ **Fred Victor: CRC.** 40 Oak St. 416-363-4234. *Open indoors, Mon 9-11:30am.* **Meals:** Mon, Tues, Thurs, Fri, Sat, 12-1pm.

↳ **Haven Toronto.** 170 Jarvis St. 416-366-5377. *Open indoors, Men 50+ only, 7 days/wk, 8am-5pm.* **Meals:** 7 days/wk, 8:15-9:15 am, 12:15-1:15pm. **Showers:** During opening hours. **Other:** Clothing, nurse, dentist.

↳ **Margaret's.** 323 Dundas St. E. 416-463-1481 ext. 218. *Open indoors, 7 days/wk, 7am-4pm.* **Meals:** 7 days/wk, 7-8:30am; 11am-12pm. **Other:** Phone, doctor.

Salvation Army: Gateway. 160 Jarvis St. 416 368 8710. *Open indoors, Mon-Thurs, Sat & Sun, 1-7pm.* **Meals:** Mon, Wed, Thurs, Sat, Sun, 5-5:30pm.

St. Luke's OOTC. 353 Sherbourne St. 416 924 9619. *Open indoors during meal times.* **Meals:** Wed & Sun, 5-7pm.

♻️ **John Innes Community Recreation Centre.** 150 Sherbourne St. 416 392 6779. **Showers. Washrooms:** Mon-Fri, 10am-7:30pm; Sat & Sun, 10am-3:30pm.

♻️ **Regent Park CHC.** 465 Dundas St. E. 416 203 4506. **Showers. Washrooms. Laundry:** Mon, Wed-Fri, 9am-3pm; Tues, 12-3pm.

Allan Gardens. 160 Gerrard St. E. **Portable toilets,** 24/7.

Moss Park. 140 Sherbourne St. **Portable toilets,** 24/7.

Regent Park. 600 Dundas St. E. **Portable toilets,** 24/7.

Downtown East – Leslieville-Danforth-Gerrard East

♻️ **Good Shepherd.** 412 Queen St. E. 416-869-3619. *Open indoors, 7 days/wk, 9-11am.* **Meals:** 7 days/wk, 2-4pm. **Other:** Clothing.

♻️ **Fontbonne Ministries: Mustard Seed.** 791 Queen St. E. 416-465-6069. *Open indoors, Fri-Tues, 8:30-11am.* **Meals:** Fri-Sun, 11:30am-1pm. Snacks during opening hours. **Other:** Clothing (Fri, 10am-1pm).

St. John the Compassionate: Broadview. 155 Broadview Ave. 416-466-1357. *Open indoors, Tues, 5-11am; Wed, 5am-8pm; Thurs, 5am-4pm; Fri, 5am-8pm; Sat, 9am-1pm; Sun, 6-9:30am.* **Meals:** Tues, 6-8:30am; Wed, 6-8:30am, 5pm; Thurs & Fri, 6-8:30am, 1:30pm.

♻️ **Friends of Ruby.** 489 Queen St. E., Lower Level. 416 359 0237. *Open indoors, LGBTQ2S youth 16-29 only, Mon-Fri, 11am-6:30pm; Sat-Sun, 12-10pm.* **Other:** Harm reduction supplies, WiFi.

♻️ **South Riverdale Community Health Centre.** 955 Queen St. E. 416 461 1925. *Open indoors, Mon, Tues, Thurs, 9am-8pm; Wed & Fri, 9am-5pm.* **Other:** Harm reduction supplies.

East End United OOTC. 310 Danforth Ave. 416 461 7797. *Open indoors during meal times.* **Meals:** Fri, 6-7:30pm; Sat, 8-8:30am. **Other:** Clothing, Haircuts (monthly); overnight shelter (30 beds; abstinence-based).

♻️ **St. Ann's OOTC.** 120 First Ave. 416 466 2127. *Open indoors during meal times.* **Meals:** Thurs. 3:30-4:30pm (until Apr. 4).

♻️ **Jimmie Simpson Recreation Centre.** 870 Queen St. E. 416 392 0751. **Showers. Washrooms:** 7 days/wk, 9 am to 7 pm.

Matty Eckler Recreation Centre. 953 Gerrard St. E. 416 392 0750. **Showers. Washrooms:** Mon, Wed, Fri, 9am-9pm; Tues, Thurs, Sun, 9am-4pm; Sat, 9am-6pm.

Jimmie Simpson Park. 879 Queen St. E. **Portable toilets,** 24/7.

Midtown – Weston-Mount Dennis

♻️ **Syme Woolner.** 2468 Eglinton Ave. W., Unit 3. 416-766-4634. *Open indoors, 7 days/wk, 9am-3pm.* **Meals:** 7 days/wk, 9-10am, 12-1:30pm. **Other:** Harm reduction supplies, clothing, computers.

♻️ **Weston King Neighbourhood Centre.** 2017 Weston Rd. 416-241-9898. *Open indoors, Mon-Sat, 8am-8pm.* **Meals:** Mon, Wed, Thurs, Sat, 10-11am, 1-2pm; Tues, 10-11am, 6-7pm; Fri, 11-12pm. **Showers:** Wed-Fri during

opening hours. **Other:** Harm reduction supplies, laundry (Mon, Wed, Thurs, Fri, 9am-1pm), clothing.

Community Place Hub. 1765 Weston Rd. 416-323-1429. *Open indoors, Sun-Wed & Fri, 9am-5pm; Thurs, 9am-6:30pm.* **Meals:** Mon-Fri, 10-11:30am; 12:30-2:30pm; Wed, 5-6:30pm.

Weston King: Mount Dennis. 1269 Weston Rd. 416-572-0203. *Takeaway services only.* **Meals:** Sat, 10:30am; 5:30pm; Sun, 5:30pm.

Midtown – Yonge and Eglinton

Yorkminster Park OOTC. 1585 Yonge St. 416 922 1167. *Open indoors during meal times.* **Meals:** Wed, 5:30-8:30pm (until Apr 5). **Other:** TTC tokens, Clothing.

Glenview Presbyterian OOTC. 1 Glenview Ave. 416 488 1156. *Open indoors during meal times.* **Meals:** Sun, 3:30-6:30pm (until March 24).

Midtown – Pelham Park-Wychwood-Oakwood Village

♻️ **The Stop.** 1884 Davenport Rd. 416-652-7867. *Open indoors during meal times.* **Meals:** Mon, Tues, Thurs, Fri, 9-10am, 12-1pm.

♻️ **Our Place Community of Hope.** 1183 Davenport Rd. 416-598-2919. *Open indoors, Mon-Fri, 12-5pm.* **Meals:** 2:30-5pm. **Other:** Computers, WiFi, phone.

♻️ **The Stop: Wychwood Open Doors.** 729 St. Clair Ave. W. 416-412-4452. *Open indoors during meal times.* **Meals:** Tues, 4-9:30pm (operated by St. Matthew's OOTC); Wed, 9-10am, 12-1pm, Thurs, 4-5pm. **Other:** WiFi, computers.

Davenport Perth NCHC. 1900 Davenport Rd. 416 656 8025. *Open indoors during meal times.* **Meals:** Wed, 5-5:30pm.

Beth Sholom OOTC. 1445 Eglinton Ave. E. 416 783 6103. *Open indoors (starting Jan. 15, 2024) Mon, 5-9:30pm.* **Meals:** TBD. **Other:** Clothing, TTC tokens, nurse.

North York

♻️ **Cummer Avenue United Church.** 53 Cummer Avenue. 416 222 5417. *Open indoors during meal times.* **Meals:** Wed, 9am-2pm. **Other:** Showers, clothing, legal support (every 3rd Wed), Nurse (1-2pm).

Etoibicoke

♻️ **LAMP.** 156 Sixth St. 416 252 6471. *Open indoors during meal times.* **Meals:** Tues-Thurs, 9:30am-1:30pm; Fri, 10am-6pm.

♻️ **Daily Bread Food Bank.** 191 New Toronto St. 416 203 0050. *Open indoors during meal times.* **Meals:** Thurs, 5:30-7pm.

♻️ **All Saints Kingsway OOTC.** 2850 Bloor St. W. 416 233 1125. *Open indoors, Fri, 6-9pm.* **Meals:** Fri, 6-7:30pm (until March 29). **Other:** Computer access, Clothing, Showers.

Scarborough

♻️ **Warden Woods: Teesdale Drop-In.** 40 Teesdale Place. 416 500 2583. *Open indoors Mon-Fri, 9am-5pm.* **Meals:** Wed, Thurs, 12-1pm.

♻️ **Warden Woods CC.** 74 Firvalley Ct. 416 694 1138. *Open indoors 7 days/wk, 8am-5pm.*

♻️ **ACSA North.** 4155 Sheppard Ave. 647 461 6912. *Open indoors during meal times.* **Meals:** Tues-Fri, 9am-3pm; Sat, 9am-11pm.

♻️ **ACSA South.** 202 Markham Rd. 647 472 6912. *Open indoors during meal times.* **Meals:** Mon, 9am-3pm.

Supervised Consumption Sites

♻️ **Casey House.** 119 Isabella St. 416-962-7600. **Hours:** Mon-Fri, 10am-4pm. *Includes facilities for substance inhalation.*

♻️ **Fred Victor SIS.** 139 Jarvis St. 416-644-3081. **Hours:** Mon, 8am-10pm; Tues-Sun, 7:30am-7pm

♻️ **Moss Park Consumption and Treatment Site.** 134 Sherbourne St. 416-546-3984 **Hours:** Tues-Sat, 10am-9:30pm. *Serves meals.*

♻️ **Parkdale Queen West Community Health Centre: Queen West.** 168 Bathurst St. 416-703-8482. **Hours:** Mon-Thurs, 9am-8pm; Fri, 9:30am-4:30pm; Sat & Sun, 10am-6pm.

♻️ **Parkdale Queen West Community Health Centre: Parkdale.** 1229 Queen St. W. 416-537-2455. **Hours:** Mon-Thurs, 10am-6pm; Fri, 9:30am-4:30pm.

♻️ **Regent Park Community Health Centre.** 465 Dundas St. E. 416-203-4506. **Hours:** Mon, Wed-Fri, 9:30am-4:30pm; Tues, 12-4:30pm.

♻️ **KeepSIX.** 955 Queen St. E. 416-461-1925. **Hours:** Mon, Tues, Thurs, Fri, 9am-5pm; Wed, 11am-5pm.

♻️ **Street Health OPS.** 338 Dundas St. E. 416-921-8668. **Hours:** Mon, Wed-Fri, 9:30am-4:45pm; Tues, 11am-4:45pm.

♻️ **Kensington Market Overdose Prevention Service.** 260 Augusta Ave. 416-925-2103. **Hours:** Mon-Fri & Sun, 8am-2pm.

♻️ **The Works.** 277 Victoria St. 416-338-7600. **Hours:** Mon-Sat, 10am-10pm; Sun, 11am-5pm.

Warming Centres

Open at -5°C until April 2023. For more info and to subscribe to notifications, visit <https://tinyurl.com/warmingcentresTO>

♻️ 75 Elizabeth St. (Downtown)
♻️ 15 Olive Ave. (North York)
♻️ 885 Scarborough Golf Club Rd (Scarborough)
♻️ 136 Spadina Ave. (Downtown - **Opening date TBD**)

24/7 Respite

♻️ **Covenant House.** 20 Gerrard St E. 416 598 4898. *Youth only (16-24), 20 spaces.*

♻️ **Scott Mission.** 502 Spadina Ave. 416 923 8872. *Men only, 50 spaces.*

♻️ **Better Living Centre.** 195 Princes' Blvd. 240 spaces. **Opening date TBD.**